



WOMEN IN AGRICULTURE AND BUSINESS OF SA NEWS LETTER NUMBER 245

December 2022

With this November/December newsletter come Christmas tidings to you all and hopes for a healthy and happy year with a more peaceful world in 2023.

Owing to health issues, our State President Narelle, is taking time out so it on her behalf that the WAB Management Team extend Christmas greetings to you all.

We look forward to a bright New Year and many pleasurable WAB gatherings during 2023.

With our regards,

Narelle, Nadene, Sandra, and Yvonne.



CENTRAL REGION

Cunliffe: branch held a night meeting in September with Metropolitan Fire Officer, Philip Evans explaining to members that most of home fires are caused through cooking. He explained how fire blankets, whilst very effective, should only be used once and that all fire alarms should be replaced every 10 years.

October meeting was a short meeting, with no guest speaker, due to the planting of the last tree and unveiling of a plaque to commemorate the Queen's Jubilee at the Yorke Peninsula Field Day Site.

Cunliffe Branch members standing in front of the monument.



EYRE PENINSULA REGION

Charlton: guest Ruth Sheldon spoke to the topic “Managing our budgets”

Ruth grew up locally, went to school in Cummins, married a local farmer, returned to paid employment and is now managing a Church Op shop. From an early age, as one of 6 children she was taught the value of having a budget and of asking herself ‘was it a need, or a want?’

She acknowledged that now we are older we have all managed, struggled, and juggled our budget through many challenges. Rising interest rates and inflation are not new and some of our expenses are beyond our control but we do all make choices. Ruth did acknowledge that for those living on New Start and Single Parent allowances it is very difficult.

Most of us have learned from our parents who made, patched, darned, grew, preserved, used what was on hand, budgeted and saved. (She knew of a Mum who could get 5 meals from one chicken).

Ruth believes that for too many of our younger generation it has been all too easily. ‘If you want it you can have it now’. Do they know the difference between ‘good debt and bad debt’ and have they been taught to earn, and manage, their pocket money?

Other pieces of wisdom included not taking ALL your pay out for the weekend, pack your lunches, be aware of where ALL your money goes, check ALL accounts and statements for accuracy, seek out quotes before purchasing, WAIT until you have saved the money before purchasing, try to up-cycle. Be a thoughtful and wise shopper.

How much of our high cost of living is living too high?

The most important things in life are Family, and Friends.



Guest Ruth with Sandra Wischki

On-Line: October and November 2022

Gambling was our October topic. We looked at the problems caused by gambling and wondered if it had any benefits. Jenny feels that gambling is addictive just like drugs, alcohol and poker machines. The number of TV ads is excessive with one called Betr encouraging groups of mates to “bet together”. Roz agreed and mentioned her dislike of a similar culture of “bonding” – getting involved with greyhounds and horse racing – that was encouraged when her teenage son played B grade football. Who are the biggest losers? Ann visited Las Vegas two years ago and will never forget the people queueing in the “soup lines” for their food. She also mentioned two neighbours whose husbands were addicted, and the families lost everything. When Sandra’s partner sees the ad he is reminded to put a bet on and is euphoric when he wins but gets grumpy when he loses. We asked how many ads are featured during sports matches – 3 every 2 minutes is the norm for some in the ad breaks – and there are plenty of “permanent reminders posted around the grounds!! Why do people bet? A friend of Jenny’s spends 100s of dollars and says, “It’s something to do and only a bit of fun!!”

In another life, many years ago, Sally G did a “Responsible Person – Gaming Manager’s Licence” which educated them to recognise problem gamblers and understand exactly what Compulsive Gambling is – an uncontrollable urge to continue gambling despite the toll it takes on your life.

We wondered if the tobacco money previously used to advertise smoking was now being funnelled into gambling? Nadene does not like to see gambling ads played during sporting games and thinks the message is that you can't enjoy watching without having a bet – on anything that moves!! Many of us buy raffle tickets to support local sport and one or two splurge occasionally on “big \$\$ tickets” that support medical research – but also fund big prizes!! Both Joyce and Sally P pointed out that farmers gamble all the time with seasons, climate, and prices. Surely that's enough for anyone?

The topic for November was “**Pet Peeves**” and the sorry state of the English language gave us lots of opportunities to vent our frustration. Some examples from Sally G. Remember the rule, “I before E except after C”? Now it's “except after R and N and K and F and B and L and W”. Oh, dear!!



And from Sally P. Why is reap not reep as in seep: rain not rane as in sane? (Insane!!) And as for rules, there are too many exceptions to them. Yes, definitely! And from Jenny – one that irritates her is the ad for Finish when it says, “if it is added to the dishwasher it cleans and shines “two times” as good as other products – where did “twice” go? Speaking of twice, the English language is so frustrating. If “mice” is the plural of mouse how come “hice” is not the plural of house? We could go on but then it wouldn't appease all those who CAN “reed and right - or read and write rite”.

Then there's the use of **fewer** and **less**. Less people, less books, less cars – NO, NO, NO!! Less sunshine, less food, less fresh air – YES, YES, YES!! Fewer cars, fewer cats and dogs – YES, YES, YES!! Lee mentioned a similar problem with the use of **amount** and **number** and also pointed out that it's Eyre Peninsula NOT **The** Eyre Peninsula although in early times it was known as Eyre's Peninsula after the explorer Edward John Eyre – as Lake Eyre was also named.

Joyce had lots of peeves but shared only one asking, “How many men have trouble with their PROSTRATE ...?” The problem is with the prostate and Joyce knows she'll just have to get over it!!

Adair particularly dislikes “from the getgo” – why not “from the start”? Sandra shudders every time someone says “Australya” rather than Australia – surely “lia” is easy enough to say? Anne provided us with a link to check out William Tyndale's very early English translation of the Bible – very interesting too. Makes today's English look so simple – and by comparison so easy to read!!

Seen on Face book, a description of Mary's granddaughter's wedding day. The day was perfect and **we couldn't of done it** without you ...” What happened to the word “**have**”? Another of Mary's peeves is Predictive Text and whoever programmed it to insert an apostrophe every time it registers that there's an “s” – even when it's a plural. Barb also pointed out the idiocy of Predictive Text with these examples: Seen in the local paper, “the horse was given QUARTERZONE for its injury” and from a property management report, “The garage door is working only INTIMATELY”!! Barb also mentioned the overuse of “awesome, bunch, guys (now commonly for both males and females!!) and the state of being “done” with everything. Surely “**finishing it**” is still the way to go? So we're done, we've finished our report and this is THE END

LIMESTONE REGION

Kalangadoo: branch visited the home of their newest member, Susan Hickey where she shared her story of life as a geologist with the Army Defence. She has now retired in Kalangadoo and is in the process of renovating the beautiful garden.

Our discussion for the day was on 'managing the cost of living'. Members spoke on different ways to save money and things to do at home to reduce spending.

Work is going on in the background to collate photos and information on the history of the Kalangadoo WAB branch for the celebrations next year.

In October we welcomed Louise Masters, a Registered Nurse from Naracoorte and a support specialist from Dementia Australia and 2 visitors. Louise gave us an account of her experience with Dementia patients and also how to recognise the early symptoms. As we age we naturally forget names and places as our minds are cluttered or we are very busy and distracted but that is not dementia. When forgetfulness really impacts your life and you find it hard to live as you usually do, that is dementia. There are many forms of dementia and Louise gave us several hints to help us respond to those suffering from dementia, as they often feel isolated and afraid. We are to talk directly to them and about things familiar to them or things of the past.

We were given a booklet and several pamphlets from Dementia Australia. A donation box was available for Dementia Australia, our project for the year.

Members conducted their 2nd Scone Day in November. At 1pm we set up the café with tablecloths, flowers, fine crockery and classical music in the background. The scones were kindly donated by Debbie's daughter, Nerissa, which we buttered with cheese or jam and cream. We served them on beautiful plates. Hots drinks were served also with lovely teapots and coffee pots. Each person was charged \$5 to be waited on for an endless supply of drinks and scones, as well as the charm of our conversations. Everyone enjoyed the 2 hour session, from 2-4pm and it was most enjoyable on our part as well. We will continue to do this each year in November. More people came this year and so we hope the word will spread each time we hold the event.



Lochaber: No report received.

Padthaway: Old homesteads, wine and quinces for Padthaway WAB

Padthaway Women in Agriculture and Business members explored old homesteads, tried organic wine and learned about quince growing on a recent bus trip to Penola.

First stop for 11 members and friends was the 160-year-old Moyhall homestead where Anna Robinson spoke about her homewares business, Hare and Thistle. The shop is in restored shearers' quarters and Anna described many long hours of work to improve the building for her business base.

A quick coffee in the Penola Memorial Park in cold and blustery weather and it was back on the bus for the drive out to Yallum Park. Andy Clifford, whose family have owned the property since 1914, hosted the group and explained the history of various rooms and items in them. Completed in 1880 for Penola's founding father, John

Riddoch, the home retains many original features including the wallpapers, stained glass windows and 11 Italian marble mantle pieces. Magnificent old trees, some the age of the home, are a feature of the drive in to the property.

After lunch and a meeting at the Royal Oak hotel, the group visited Still Water farm and met host and quince enthusiast, Cathy Hughes. Cathy's quince orchard was established in 2013 and 16 varieties are grown. The trees are espaliered and are in a netted orchard. WAB members learned about the differences in varieties and fruit and later tried quince chutney and jams.

Dru Reschke of Koonara Wines spoke to the group at his cellar door in Penola's Church street and described the bio-diversity practices he uses in the vineyard. Koonara is a small family owned and organic certified winery, the first to be certified in Coonawarra in 2017. The vineyards are low yielding with the grapes being smaller but with more skin per litre, complex flavours can be created.

A quick detour to Balnaves winery on the way home to see some of the 900 roses which were just coming into bloom, completed an informative and enjoyable day



Left to right, front row - Adair Dunsford, Narelle Brooksby, Della Farewell, Chloe Williams

2nd row left to right - Beth Ortlepp, Jenny Hinze, Renae Badman, Beth Gale

3rd row left to right - Ursula Rigg, Iris James, Ros Hazel

Wirrega: The Regional Dementia Councilor Louise Masters of Naracoorte spoke to members at the September meeting. It was an "Introduction to Dementia", but very enlightening and made us more aware of the effects Dementia poses for sufferers. This worthwhile WAB Project needs our fundraising support.

October was a very busy month. Eight members gathered at the Council Chambers where we attended the "My Family File" Webinar. It was very informative and we thank Narelle Brooksby our State President for preparing and presenting the important Guest speakers in relation to the information needed in the Family File folders. This was a big undertaking as well as preparing folders for all WAB members in the State, and we thank Narelle for her time and effort for us all. Also in October the Wirrega Branch celebrated "International Rural Women's Day", with an evening gathering for Coffee and Cake with guest speaker Robyn Verral of Keith. Robyn is 2022 Rural Woman of the Year winner. Robyn and her husband run a beef farm at Keith and she has initiated a Project of supplying the Indigenous Community with good quality cuts of beef at an affordable price to improve their health and standard of living. This Project is called "Kere to Country" Kere meaning meat. It was a successful evening showcasing a very successful local woman making a huge difference to the plight of others.

"Scammers" were in our sights in November, when we attended a Webinar at the local Library. The Librarian hosted a "Be Connected" Webinar session on the crafty/devilish methods Scammers use to reel us in. A most enlightening session.

MALLEE REGION

Coonalpyn: No report received

Paringa: Members were entertained by Matt Stephens from Riverland ABC, telling of his career path to becoming a radio announcer in the Riverland in 2009. He enjoys the contact with the diverse people of the district and the interesting stories he relates.

A day outing around Renmark's industrial area proved an educational experience for all members, many of whom had no idea of the extent and variety of businesses in Renmark's industrial precinct.

We visited Almondco, a co-operative of 140 growers, where almonds are processed, packaged and despatched to 40 countries. Another stop was AA Canvas and Shades where outdoor and indoor blinds are made.

Rivergraphics Signs and Designs was the last stop. Computers and a large imported printing machine are used to make banners, signs and logos with the latest technology making it possible to "wrap" designs on cars, vans, buses, speedboats and canoes with eye-catching results.

Yurgo: No report received.



ACWW REPORT

Hello to everyone!

Hope you are all keeping warm and managing well with this most unseasonal weather.

I have been in touch with everyone due to pay their subscription to ACWW, thank you for those already received and I know more will come over the next few weeks.

Wishing you all a very merry Christmas and a happy and healthy new year.

Joyce Chapman

International Officer

And from Gail Commens

Wishing President, Narelle and all members a very happy Christmas. May you be able to again meet with friends and family and remember that it is not about the gifts but about the love, friendship and the birth of Jesus.

Don't forget to register for the World Conference in Kuala Lumpur by the end of December.

worldconference@acww.org.uk or contact London office if you need a paper application.

Thank you for copies of your newsletter. I do enjoy reading what the branches are doing. Keep up your good work and may 2023 be a better year for the whole world than this past year.

Gail Commens, ACWW South Pacific Area President.

ARCHIVING:

With sorting through the historian records the following are excess to our requirements and are now available at no cost to members:

CELEBRATION PUBLICATIONS:

- HATS OFF TO WAB - 90 Years x 2 books
- 1998 CALENDAR – 80 Years featuring farming photos from Branch members x 2
- JUBILEE : '50 YEARS OF ACHIEVEMENT' x 5

FOLDERS:

2 Ring Clip = 7
2 Ring = 3
3 Ring = 1 (30cm x 40cm)
Display Books 20 Pocket A4 = 13

If you have a use for any of the above, please let your Regional Co-ordinator know and at earliest opportunity your requests will be delivered to you.

Thankyou

Yvonne Correll

Archiving Co-ord

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Some members spotted this photo in the Stock Journal and we thought it would be of interest to most.

Unfortunately it is not of the clearest quality and a little difficult to read but it does raise a question or two!

It was taken in March/April 1948 of “the inaugural meeting of the women’s Agricultural Bureau council of SA”.

As WAB began in 1917 did it take that long before a ‘council’ was formed?

These ladies certainly ‘looked the part’ with their gloves, handbags and hats.



The inaugural meeting of the Women's Agricultural Bureau council of SA with (back) E Armitage, Red Cross Society; Mrs R Rogers, Yargo; E Campbell, Education Department; Director of Agriculture WJ Spafford; Mrs JL Warner, Penola; Mrs E Withers, Country Women's Association; Mrs SL Bowden, Sheoak Log; Mrs F Coles, Mangalo; Ruth Macatta, Mothers' and Babies Health Association; (front) minutes secretary M Gardiner, secretary Fred C Richards; Mrs HJ Brooks, Balhannah; Agriculture Minister Sir George Jenkins; council president Mrs S Perrin, Koolunga; Advisory Board of Agriculture chairman FJ Baily, Renacoorte; and council vice president Mrs E Francis, Wirrabara.

THROWBACK THURSDAY
In this look back to March and April, 1948, committees are being formed in the South East and Eyre Peninsula as part of the Soldier Settlement program, while there was a big step in the evolution of the Women's Agricultural Bureau.

WAB is sponsored by.....



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A REMINDER ALL REPORTS TO BE INCLUDED IN THE NEXT WAB NEWS ARE TO BE SENT DIRECTLY TO **YOUR REGIONAL COORDINATOR** and the **Newsletter Editor** by simply including the Newsletter Editor by cc to LEE at ndhrrussell@bigpond.com when emailing to your Coordinator.

NEXT EDITION OF THE WAB NEWS WILL BE DUE OUT IN MARCH 2023 – Deadline for articles is March 20th 2023

