



WAB NEWSLETTER edition number 237, MAY 2021

State President's Message

Hello everyone

As I was driving into Naracoorte a couple of weeks ago for the Limestone Coast Regional Conference, I thought to myself *how lovely is it that we are starting to have group events again* – Covid compliant, that is. I have missed our “normal” events. Thank goodness the worst of COVID-19 is behind us and I trust it will stay that way. We must not be complacent and accept the advice of our medical experts on how to protect ourselves and others around us.

At the end of March I attended the Mallee Regional Conference in Renmark and what a great day it was. The guest speakers were very informative, especially being briefed on the fruit fly situations around South Australia. I was also interested in the breast prosthesis that are being offered by The Wig Library's outlets throughout the State. These are hand knitted by volunteers using cotton yarn for comfort, are extremely light and my friend told me that they are a delight to wear. The Wig Library also have DIY kits available if you prefer to knit your own.

It was pleasing to hear that every member of Paringa branch attended the conference to share the workload. There were 3 tables of exhibits of “back to basics” utensils, equipment etc which many of us still use or could relate to, despite their age.

As I mentioned above, Limestone Coast Regional Conference was held earlier this month with good attendances from Wirrega, Padthaway, Lochaber and Kalangadoo branch members. Their guest speakers are ambassadors for reducing the use of single use plastics also sharing ideas on recycling. Awards were presented also.

Saturday and Sunday 7/8 August, 2021

WAB State Gathering 2021 - 2 day bus tour of the south east.

As I mentioned in the March issue of WAB News, WAB will be covering the cost of the 2 day bus charter, making it a very economical event for all. Partners, family and friends are invited to attend, although the AGM is open to Members Only. The bus will be departing from Naracoorte each day.

Day 1: we will head north to Padthaway to visit Valley View Gardens for morning tea. Then onto Padthaway Homestead, lunch at Keppoch, demonstration of flood irrigation with a short talk by an Agronomist on the crops growing in the surrounding area. A visit to the largest onion packing facility in South Australia, Mini Jumbuk in Naracoorte for a demonstration of their woollen quilt manufacturing plant.

Dinner: Saturday night at Gather on Gordon;

Guest speaker is Alex Thomas #PlantASeedForSafety
who I am sure you will find most engaging.

Invitations will be extended to local Agricultural Bureau members



Day 2: (Sunday) heading south to visit the Naracoorte Livestock Saleyards which is operated by the local Council where a representative will give an address on its operations. Then onto the Naracoorte Caves Café for morning tea, heading towards Penola, stopping at Father Woods Tree and chainsaw carvings. On arrival at Penola, you will have free time to wander down Petticoat Lane to see the National Trust properties, view a forge artist at work making items from old farming implements, visit the Mary McKillop Centre. Lunch is own arrangements and cost.

AGM commences at 2.30pm at the Penola Visitor Information Centre when Helen Colliver (Promotions Officer) will be facilitating a workshop on increasing branch membership. One Open Forum item has been submitted. Please be seated in the Board Room no later than 2.15pm.

For those members not attending in person, you are invited to join the AGM meeting via Zoom. Please send me an email if you wish to attend virtually so I can send you the link to join the meeting.

Heading back to Naracoorte, we will visit Brands Laira Winery in Coonawarra for a short tour of the facility, view their historic cellar and afternoon tea.

Friday and Sunday nights Optional Dinners

6pm Friday and 6.30pm Sunday, open invitation at your own cost.

An opportunity to network and to catch up with friends and members from all Regions. Venues will be advised when numbers are known via the Registration process.

Accommodation in Naracoorte: own arrangements and cost. Contact the Naracoorte Visitor Information Centre for details.

Billets may be available for WAB members only (pending availability).

End of year Forms were circulated to Branch Treasurers on 28 April by WAB Treasurer Sandra. Could you please complete these and return as requested in the email.

Project, Country of Study and Theme: please send your Branch suggestions to Nadene nadsndon@internode.on.net before the Management Team's meeting on 16 June, if possible.

That's all for now, enjoy the pleasant weather we are having and stay warm when the Arctic blast hits us as forecast for this week.

Yours in WAB friendship

Narelle Scott

State President, WAB

WAB is sponsored by



Life is like a ten-speed bicycle. Most of us have gears we never use.

LIMESTONE REGION

Kalangadoo: The Nangwarry Forestry Museum was an education into the history and dynamics of forestry. The lower Limestone Coast region is dominated by pine forests, so it was of great interest to us. We saw equipment from the earliest wooden jinker and hand saws to the modern equipment in forest management, including fire fighting. There were 2 films to watch and numerous exhibits with many documents which would please anyone researching family history.

Sandra Young and Elaine Sleep in front of the 1880 wooden jinker.



The local Kalangadoo apple cider enterprise has been a fascination for some time, so, together with 2 friends, we travelled just 7 kms out of town to visit the SIDE Project. Peter McDonald told us how he and his wife, Caz, planted cider apple trees in 2006 and 8 years later they pressed their first apples for cider using minimal equipment. From their successful first batch, they have expanded to now making 3 different types of cider – The Doo (driest), Frankie (with added strawberries) and The Bright Cide (with extra apple concentrate), all with apples grown on the property. We saw the pureeing machine, spinner, brewing machine and bottler all in a small shed. The apples are stored in a cool room before processing and it was almost full, as it is harvest time now. Peter took us through the orchard where there were also pears and other fruit trees and then into another shed where he had set up 12 plates of different apples, ranging from the crisp sweet eating apples to the dry (and astringent) cider apples. All were unusual varieties, including the red apple, which was truly red inside and out. We also tasted the 3 varieties of cider and were given the opportunity to buy our favourites. It was a great visit.





Members of the Kalangadoo WAB learnt a new craft from Elaine's sister, Jenny Baulch from Camperdown, Victoria. We worked on 2 cards, a female birthday card and a Christmas card and each of us changed things to make them more individual. We were able to stamp our own messages and cut out paper with fancy edges. We also coloured stamped pictures with beautiful pens. We took 2 kits home. It was great fun and rewarding. Thanks to Jenny for her time, the kits and for showing us her skills.

Debbie Guenther, Jenny Baulch, Elaine Sleep with their individual cards

Lochaber: Our guest speaker for the April meeting was the founder of the Naracoorte News, Michael Waite. Michael grew up in Naracoorte but has been living in America for many years. He originally gained a college tennis scholarship and competed in the tennis circuit. He was visiting his unwell mother in Naracoorte when Covid struck. The Naracoorte Herald had recently shut down and Michael saw an opening for a community based newspaper with the focus on 'news,' not advertising. His mission was to make a sustainable, respected paper, with a comprehensive coverage of local news, community information and sport. It hasn't been an easy journey, as Michael had no previous skills in newspaper production and is not a journalist, but he has a driving passion for the Naracoorte community. His team has just produced their 46th weekly issue of the Naracoorte News with 2500 copies printed. The News is not for profit with the paper having a Give Back Scheme where it donates a significant amount of money weekly to a local community group or charity. So far they have given back \$26,000 ! In December, Michael handed over the everyday running of the paper to Danielle Moore and her team, but is happy to help in any way if needed.

On May 4th we hosted the **2021 Limestone Coast Regional Gathering** at the beautifully restored Chapel on Robertson Street in Naracoorte.

Our first guest speaker was Pip Rasenberg. Pips mantra is Reduce, Recycle and Re-use. Pip makes reusable fabric shopping bags, net produce bags and beeswax wraps to replace gladwrap. Pip has recipes for cleaning products using everyday pantry items such as carbsoda and vinegar. She particularly dislikes the pollution caused by one- use plastic items such as straws, bottled water and balloons. If everyone tried to cut out just one non- recyclable product, together, we could have a big impact on the environment.

A delicious lunch followed, supplied by Humble Crumb Catering. Our next Guest Speaker was Danielle England from Black Island Produce. Danielle lives at Keilira, where her and her husband and daughter started their business growing vegetables in 2019. Their produce was sold at a market stall in Kingston and online, direct to consumers. This was working very well, with sales doubling month by month. Then came Covid 19.



Guest Speakers Danielle England from Black Island Produce (left) and Pip Rasenberg

The market stall could not continue but the online sales expanded rapidly, due to people not wanting to leave their homes. After the extra demand for their produce nearly wiped out their garden, they decided to take a break for 6 months.

From June/July Black Island Produce will be producing once again, concentrating on mixed lettuce, to supply restaurants, cafes and hotels and will also be available at Lucindale Deli.

Danielle is a firm believer that climate change is real, citing late breaks, dry winters and large bushfires as clear signs.



left- right ; *State President Narelle Scott with Award recipients, Ronda Noack and Lynette Staude from Wirrega branch (both 30 years) Michele Jones from Lochaber (20 years) Adair Dunsford from Padthaway (40 years) and State Treasurer Sandra Young.*

Padthaway: On April 1st Padthaway WAB celebrated by having a progressive luncheon with basic food. We divided members into 3 groups to work together as hosts, starting with entree at Jenny Alexander's home - sausage rolls, bruschetta and vol-au-vents to name a few. A quick wander around her garden and her husband Bob explained what he was doing in his vegetable garden and fruit tree display which is very impressive. Next door we were all wowed by a complete wall of "graffiti art" which was painted by our member Ursula Griggs' Swiss nephew. Luncheon at Adair Dunsford's home and a walk around her large garden. Adair volunteered during the tour that anyone was welcome to pull any weeds as they saw fit. The 2nd team had put together a Ploughman's lunch of a hitop loaf, cold meat and a variety of basic style salads, again delicious. A discussion followed about what we used to do and still do that is basic. It was commented how much waste we didn't have and tips included where to get your shoes resoled? We travelled to our 3rd hosts at Beth Gale's home, a quick meeting with our monthly quote, "Everything in life goes back to basics", we sang Happy Birthday to branch members for our 56 birthday. We had a beautiful sponge covered with passion fruit icing which was cut by Secretary, Glenda Grady. Members then had deserts and a nice cuppa in their china cup.

Carolyn Williams enjoying her fritz and home made chutney sandwich at Padthaway's "basic lunch"





Wirrega: In March a visit to Peach family Museum at Wistow in the Adelaide Hills by members and partners, saw a wonderful display of Agricultural equipment and all things agriculture as well as household furniture, women's clothes and accessories, and household utensils. It was a wonderful day and the hosts catered for a sumptuous lunch and afternoon tea before we left. In April we celebrated ACWW "Women walk the World" by meeting at the Bordertown Recreation Lake and walking around its circumference. We held our meeting sitting in the sun on the lake side and voted to send a cheque to ACWW for their much needed funds.

MALLEE REGION

Coonalpyn: In April we had a speaker, Fiona Armstrong, who currently works in the AI industry. She told us a little about AI and how her work has been affected by the Covid outbreak and border shutdowns, as much of her work is in the Southeast of SA and Victoria. She also is a stud groom, helping to get show sheep ready for the Royal Agricultural shows. Fiona told us of her history and work in the rural sector and her family history. Fiona is a new member of Coonalpyn Branch and we were very interested to hear her story.



May is our Birthday month and we celebrated 86 years this year. We catered for a dinner at the local hall and three groups of members prepared and served a three-course meal to members and their families. We had a wonderful array of foods to try and it was difficult not to eat too much! We had 28 attend our night and completed the night with a scrumptious birthday cake.

Paringa: Brent Morrell from U3A came and spoke to the meeting about the University of the Third Age Riverland and its activities, the courses it offers and how it is run by volunteers.

It is for people who are retiree, no longer in full time work and for the over 50 age group. It was started in France in the 1970's and spread to Europe in the 80's. There are 5000 members in South Australia. Riverland Group commenced by 4 ladies who suddenly found themselves out of work. U3A SA delegate is Helen Slade. 100 people turned up to first meeting.

The main focus is to keep attendees mentally and physically active and encourage social interaction. 1st Age - Child, 2nd Age - working, Third age - active retired. Fourth Age rather not know but aim to keep out of nursing home as long as possible.

Headquarters are RSL Hall in Berri. Members come from Loxton, Berri and Renmark and surrounding districts. Subjects include Art, Board Games, Book Club, Bridge, Card café (card making with a Difference) various languages, Knitting, Crochet and Needlework, Mahjong, Positive Psychology, Snooker (&Pool) Tai Chi, Yoga and Writing for Enjoyment. Proposed Chainsaw & Tool Maintenance, Sip & Spit, Family History Proposed workshops include Family History/Genealogy, Excursions to nature reserves, Cooking Gardening afternoons, Slide Copying, Zoom Course and Camel breeding and travels on the outback.

The **Mallee Region Conference** was hosted by **Paringa Branch** on 30th March 2021, at the Renmark/Paringa Civic Centre. As a result of Covid restrictions, last year's Conference was cancelled at the last moment. Fortunately, for the organisers, most of the work that had been done, assisted in the preparation for this year.

The Theme was "Getting back to Basics", which was represented by members providing items that had been used in by gone era filling three display tables. These included kitchen and sewing items, such as cream separators, sausage mincers, aprons, egg beaters and wonderful needlework samples sewn by WAB member Claire James.

We had four members from Coonalpyn Branch, five from Yurgo, with six apologies from that Branch, four visitors and a full contingent of members of 15 from the Paringa Branch. Members provided morning and afternoons teas and lunch with the theme of "Getting back to Basics" in mind. They also provided some wonderful prizes for the successful raffles.

Narelle Scott the WAB State President welcomed everyone to the meeting. Peter Hunter gave an excellent presentation of the Council and its current and future activities.

Narelle Scott announced that she got married, which she squeezed in between WAB and "Be Connected" commitments, she had a wonderful day, despite the inclement weather.

.An award Presentation for membership was made by Narelle Scott and Nadene Jericho to Lorraine Pinyon, Elaine Leedham, Heather Everingham, Sandra Daniel for ten years membership and Caire James and Di Scheiner for twenty years membership of Paringa WAB.

Brett Kennedy Fruit Fly co-ordinator spoke about the latest incursion in the Riverland by the Queensland Fruit Fly. He fielded many questions from the audience. Joy Ruston relayed wonderful stories of her many trips to Africa mentioning our Country of Study Benin and Lesotho.

A very popular presentation was made by Natalie Marsh with a beautifully trained dog Floyd in line with our Project Guide Dogs SA/NT.

Fiona Armstrong of Coonalpyn, Natalie Marsh with Labrador Floyd and Barbara Webber of Renmark (pictured)





Ellen Traeger spoke about the library of over 150 wigs she has available for women, of the Riverland and Mallee District. Next day she received at least four enquires as a result of her presentation. Caroline Bristow who died in 2015 from ovarian cancer, was the instigator of the wig lending library and Ellen is proud to carry on her work in her memory.

Beryl Clothier secretary of Yurgo WAB branch with Ellen Traeger of the Carol Bristow Wig Library and Carlene Schulz President of Yurgo branch.

We were thrilled with the day, with all the members contributing to the running of the day. Special thanks must go to Jocie for her energy and skills at putting together such a successful full Programme.

During April the Paringa branch members heard Helen Cenko describe her Tai Chi journey. Twenty five years ago Helen attended a Riverland Women's Health gathering which featured a demonstration of Tai Chi. Prior to this Helen had participated in yoga classes but found Tai Chi with its emphasis on breathing to be better suited to her needs.

Tai Chi is an internal martial art taught world-wide, which serves multiple purposes – defence training, meditation and health benefits – that dates back to 17th century China. It encourages co-ordination, flexibility and relaxation and today is a popular exercise (always with music) that is practised in aged care homes.

Helen now aged 83, has received expert tuition and is a recognised teacher of over 20 years and is currently a U3A instructor. She demonstrated hand and arm movements and members were encouraged to “discover their dantian” and focus on their breathing, which in turn aids the control of thoughts and emotions.

Yurgo: welcomed two new members.....

Elizabeth (Beth) Hammond



“I have lived alone for four years since my husband passed away. My daughter lives in Jamestown with her husband and two children and a son who lives with his partner in Murray Bridge.
I have a large back yard including lots of fruit trees.
I am President of the local Red Cross, also President of Karoonda District Hospital Auxiliary.
I enjoy visiting elderly people.
I joined WAB Yurgo Branch for friendship and to help people older than me.”

Patricia O'Malley, born in Karoonda, went to the local school, married and now live on the farm with husband Kevin, son Kenny and his family. Daughter, Debbie and family live on a farm at Purnong. I enjoy gardening with limited success due to tree roots, clay soil and bore water. Now with raised beds and rainwater, things are growing well Belonged to SGAP (Australian Plants) till they closed and I have a variety of native plants growing. I enjoy doing handicrafts and joined CWA to learn crafts but no longer belong to the group. I also belong to the local Quilters group, Op Shop and Uniting Church. Looking for company after lockdown decided to join WAB and have enjoyed the fellowship and meetings.



We had our May meeting when our activity was “Memories of our School days” and members provided a school photo. Pat O'Malley won the best photo and also the bloom of the month with a beautiful banksia.

EYRE PENINSULA REGION

Charlton: Charlton WAB recently hosted a Regenerative Agriculture Field Tour looking into regenerative farming practices. This was made possible by an Eyre Peninsula Landscape Board Grassroots Grant.

Travelling by bus first stop was at Korinya Farm Gate west of Cummins.

Owners Scott and Mary-anne Mickan spoke of their passion to continually improve their land, working towards a nutrient dense soil to give healthy root growth to produce nutrient dense pasture benefitting the grass fed beef and pork they raise. Ultimately this makes a healthier product to sell and for the family to eat.

Major sand drift problems on Korinya focused their desire to become more knowledgeable on sustainable farming practices. Some measures they have implemented include strip grazing, using trace elements instead of fungicides, carbon coated urea fertiliser, a worm juice spray, and spraying a magnesium solution on Cape-weed which makes it more palatable for stock with less scouring. The Mickan's are now seeing improvements with more carbon in the soil, therefore better water holding capacity and they have been able to increase their stocking rates.

Travelling on to Tumby Bay, Brett Masters from PIRSA was the luncheon speaker. Brett gave an informative power point presentation on the varied soil types, profiles and problems on EP and managing soil for soil health.

Next tour stop was at Renegade Ecofarms for a 'walk & talk' farm visit. With a motto “food farmed naturally” Will & Julia Dobson are dedicated to producing pasture raised chicken and lamb, aiming for nutrient dense food.

They raise 200 chickens, four times a year, growing them free range till 8 weeks old, producing a more flavoursome meat with firmer texture.

The Dobsons seek to provide diverse forage with mineral supplements for the three breeds of sheep they raise and have a low stress handling approach to their stock.

Joshua Telfer joined the tour and explained his role as Sustainable Agriculture Project Officer with the EP Landscape Board. He works to spread knowledge with the aim to increase soil organic carbon and reduce nutrient loss from wind erosion on EP farms.

Completing the day was a stop at a control site protecting the endangered Whibley Wattle found only in the Tumby Bay Area. Geraldine Turner from EPNR shared her passion for this wattle which was only

discovered in 1990. She has been working with local school students propagating plants and more recently with UniSA doing genetic testing to help increase germination. An overriding impression from the day was a younger generation enthusiastic and committed to improving the land, producing healthy food and preserving our native flora.



Julia Dobson of Renegade Ecofarms



Maryanne and Scott Mickan speaking with the group

Chickens in the starting shed at Renegade EcoFarm

On-Line: For our April topic we looked at the facilities available in our local areas and nearby towns to help the disabled. Overall things have improved in recent years and Sally G agreed wholeheartedly as she remembered using a wheelchair when she was only 7 years old. The main gripe, and many of us mentioned it, was with footpaths. Uneven and badly paved footpaths are considered a major problem for people using sticks, walkers, wheelchairs and gophers. Anne pointed out that pavers are used as a means of saving money when footpaths need to be pulled up to replace pipes, etc., but it would be interesting to have a study done on how much they cost the community (and Councils!) when people have falls and suffer injuries. Jane told us that in Cummins footpaths are sometimes non-existent and “pedestrians” and gopher users are forced onto the road!

Many old buildings are difficult or expensive to modify and wider doors and ramps are sometimes unavailable. New buildings now seem to be much more disability friendly. Public toilets with very heavy doors were found to be a problem for some able bodied amongst us never mind the disabled and Joyce recounted a recent “encounter” with someone having a panic attack trying to “escape” a public toilet. Sometimes a disability is not always visible. Sally P mentioned that in Port Lincoln the VIM group (visually impaired members) lobbied to have rules established by the city Council to have clothes racks,

tables and chairs, and sandwich boards restricted to just one side of the pavement, and these worked for a couple of years but are now frequently disregarded.

Public transport is reasonably good overall with priority seating for the elderly and drop-down ramps to enable wheelchair users to board buses. There are some taxis providing extra space and special disability access but not all can offer this and not all disabled people can afford to use taxis. Many Councils provide free or subsidised buses. Jenny commented that playgrounds for all are just about non-existent - not like some seen in Queensland, which have sensory help with braille signs, swings adapted for wheelchairs, paths free from obstacles and adequate parking nearby.

Adair asked Gini Gale of Padthaway branch for her views on facilities in Naracoorte. Here are some of her observations which will no doubt apply to other Council areas and Medical centres.

Parking – there is an issue with able bodied people using the Disabled Parking spots especially near the Post Office where parking is at a premium.

Medical – new Kinraig Medical Centre has good parking, ramps and access to all facilities for those in wheelchairs and on walking frames. Previously the blood clinic had no access and the wheelchair bound had to have their blood taken in the waiting room. X-ray clinic can accommodate wheelchair and mobility limited patients but not very well set up for it – lots of cushions and wedges to get into position. Likewise Ultrasound - not set up for patients unable to get up on a bed.

Eating out – mostly OK but one café has no indoor access. One hotel in Kingston sees wheelchair customer having to enter through the bottle shop and weave into the pub. A Naracoorte hotel which has been renovated has a coffee shop with good access but a step up into the rest of the hotel.

Town Hall – the Naracoorte Town Hall has no disabled access at the front of the building on Smith St. There is access via Ormerod St but has to be pre-organised as there is a door to unlock and relock. A new library alongside the Town Hall will have a connecting door and hallway which will enable disabled access to both but only during library hours.

The topic for May had us digging out our collections of "Handy Hints" – some old and well-loved, some tried and tested and some suspiciously weird and possibly hazardous such as Jan's offerings of the first known contraceptive, crocodile dung, used by the Egyptians in 2000 BC, and then a cure for whooping cough in old Ireland - sheep's droppings boiled in milk! Mmm, perhaps not!!

Joyce has handwritten recipes from as far back as 1915 with gems such as the best way to keep those special organdie items stiff and perky (who remembers the delights of organdie party dresses?), an olive oil and lemon juice mixture to help keep rough and chapped hands smooth and white, and how using good old greaseproof paper to line your baking tins will stop your cakes from sticking and prolong the lives of your tins. Sally's list included such essentials as how to give the tips of your ostrich feathers a super tight curl (a high priority in 1904) and stiffening up the sagging seats of cane chairs by scrubbing with hot soapy water and drying them outdoors.

Boiling eggs and potatoes? Sandra says don't discard the water that's left over as that from boiling eggs contains calcium and when cooled may be fed to house plants to improve structure. Narelle uses the cooled starchy potato water on garden plants and Jenny told us that sour milk or cream poured around its base will benefit the daphne plant. Bicarbonate of soda has a myriad uses and was recommended by Jan for de-odourising smelly shoes and smelly fridges (separately!!), cleaning burnt pans, and as a soothing lotion for sun or windburn. Mixing assorted oils in equal quantities was said to be good for wounds (lavender, tea-tree and eucalyptus) and "bad" for warts (lavender, tea-tree, peppermint and lemon) and should you be stung by nettles then Roz suggests that rubbing the itchy blister with a dock leaf, mint, rosemary or sage should help.

We had such a good response from everyone that we have collated these handy tips and a full list will be distributed to branches later.

CENTRAL REGION

Cunliffe: we welcomed Guest speakers Mark and Merridee Schilling who gave us a wonderful insight into their journey beginning in the early 1990's when they started to diversify to other fields besides primary production. First being involved in helping to set up a buyers group for purchasing fertilizer, then they included sprays. Their foresight has led them into other ventures, still involved with primary production, but value adding. Mice bait production, seed cleaning plant, partnership with chef Simon Bryant dealing with lentils, and growing barley for their small brewery in producing low alcohol beer are just a few of their enterprises. Google is Mark's best friend, and sourcing information all over the world has become second nature. We inspected the mouse bait shed and seed cleaning plant.

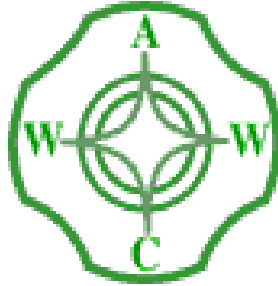


Guest Speakers Mark & Merridee Schilling and member Helen Colliver

Rosedale/Sandy Creek: We were very pleased to welcome Margaret Koch for our speaker for the afternoon. Margaret and her husband are volunteers with the Royal Society for the Blind Association and they are very busy training puppies ready for their role as guide dogs. The R.S.B. train approximately 80% of the puppies which go on to be guide dogs. The volunteers get their puppy at about 8 weeks and it takes 2 years to fully train and be ready to go to a client. Most times the dogs are Labradors or Retrievers and can be either boy or girl. The R.S.B. do pay for all the vet bills and all their food. The puppy goes everywhere with Margaret and Paul and her beautiful black Labrador puppy accompanied her to our meeting. He was perfectly behaved and stayed on his blanket at all times. We all found it difficult to not pat him as this is not advised when a dog is "working". The training is a 24/7 commitment and during this time they do get attached to the dog but Margaret says it is all worthwhile when they see the client and dog together and after meeting the dog, the client has 2 weeks training with the dog and generally the dog will then stay with client for about 8 years, until, usually, due for retirement. The client is offered the opportunity to keep their dog within their family if possible. There 4 or 5 volunteers in the Gawler and Barossa area involved with the R.S.B. dog training and for each of them it is a big commitment but a rewarding experience.



ACWW Report



A big thankyou to members and Branches who sent used stamps. I posted off a huge packet of used stamps to South Pacific Area President Gail Commens recently. This is an easy way to raise funds for ACWW. When collecting used stamps please cut a small border around the stamp and post your collection on to me at Box 286 Naracoorte 5271.

Thankyou to Wirrega Branch for renewing their Branch membership to ACWW. Only three WAB Branches are ACWW members. I believe Wirrega Branch members took part in Women Walk the World Day. Would your Branch consider paying a membership of \$70 due at the end of the year? I encourage Branches to include a Women Walk the World Day when planning the new programs. Donations raised on the day go towards much needed ACWW projects. A photo of Lochaber and Padthaway Branches was featured in issue one of the ACWW magazine. I would be happy to receive photos and short description sent to clancy1@activ8.net.au.

During March a special World Conference was held on line via a series of zoom meetings. This Conference was presented to consider a single resolution. I am grateful for Sandra Young who “attended” the meeting and took part in the voting on WAB behalf for the new resolution to reschedule the 30th Triennial World Conference from May2022 to May 2023 in Kuala Lumpur Malaysia. The resolution was passed. Thank you Sandra.

ACWW continues to reach out and help the countries and communities less fortunate. Although our South Pacific Area President, Gail Commens has not been able to travel overseas she has been able to fund four projects last year. These funds were for training in literacy and sewing and for soil plants and gardening supplies and training. Gail was also thrilled to facilitate seven suit cases of donations and aid to PNG from CWA NSW.

Trusting that you are keeping warm
Best Wishes to you all
Jannette Boord
WAB International Officer

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A REMINDER ALL REPORTS TO BE INCLUDED IN THE NEXT WAB NEWS ARE TO BE SENT DIRECTLY TO YOUR REGIONAL COORDINATOR and the Newsletter Editor by simply including the Newsletter Editor by cc to LEE at ndhrrussell@bigpond.com when emailing to your Coordinator.

NEXT EDITION OF THE WAB NEWS WILL BE DUE OUT IN JULY 2021 – Deadline for articles is 20TH JULY 2021

