



**FROM THE STATE PRESIDENT, SANDRA YOUNG**

Hello all WAB Members,

I was very pleased with the attendance of the State Conference at Murray Bridge with 7 guests, 9 husbands/partners and 35 members from most WAB branches. We had an interesting day with good speakers on diverse subjects, competitions and an activity, run by the WAB Management Team. Many related to me how much they enjoyed the day so I hope we have a branch who will offer to host next year's State event, as it is an essential aspect of WAB's commitment to its members. I handed out 5 awards to On-Line branch members.

The lovely quilt made and donated by Nadene Jericho, raffled at the State Conference raised \$691 and so WAB sent \$700 to the ACWW South Pacific Area President to help pay for an island lady to attend the ACWW World Conference that will take place in Melbourne 4<sup>th</sup> -10<sup>th</sup> April, 2019. Janet Higgs from Lochaber won the raffle.

For the International Rural Woman's Day on 15<sup>th</sup> October, I was the guest speaker (on my Forensic Science experiences) at the Wirrega WAB function at Bordertown. Well done Wirrega Branch who celebrates this special day each year and invites the public, who really seems to enjoy the speaker and supper.

At the end of October I attended the WAB On-Line Gathering at the Cedars and then at Verdun for a great lunch, where I handed out another 2 awards to on-line members. It was a fabulous day and gave us a chance to meet face to face and for husbands and partners to chat. The On-Line branch now has 22 members, which makes it very interesting reading the varied responses to monthly discussions. Well done, Roz and Sally, for organising it.

Using our White Ribbon grant to conduct 4 events throughout SA has been a challenge but it was definitely worthwhile and enabled us to support our theme for the year of "Being a Good Neighbour". Although numbers of attendees were lower than hoped, the speakers were excellent and we had many very positive comments on our evaluation forms. Thanks to all the Regional Coordinators for their organisational skills. Thanks, in particular, to Ivan Phillips, the main speaker, who was most inspirational in speaking on how he coped with a roller coaster of hardships due to his daughter's experience and death due to domestic violence. Ivan Phillips was most impressed with the WAB events and was thrilled to be part of them to spread awareness about DV in regional SA. His charity, "Riding Free of Domestic Violence" is an enabling fund for those who desperately need help with DV situations. Thanks also to all the other speakers who helped us

understand the resources available in our communities. We can safely and anonymously report any suspected DV which will be followed up by SAPOL sensitively. SA is beginning to get more prepared for DV cases, which is good to know. There is also an education program in the state schools to improve respect of all genders. We must, however, be alert to put an end to gender put-downs through our behaviour and speech in our families and communities.

This year is coming to an end, so may I wish you a Merry Christmas and Happy New Year. Enjoy your Branch Christmas events and reflect on your year with satisfaction.

After the seasonal break and a rest I will be back with extra energy to meet the new WAB year.

Yours in WAB,

Sandra

**The Annual General Meeting of WAB** was held at the State Conference in Murray Bridge on August 30<sup>th</sup> where 32 members were present.

Some points of interest from that meeting are:

A motion put forward by Sandra Young that 'WAB membership fees be raised to \$45 for regular membership and \$35 for members over 80yrs to take effect from 01.07.2019. Carried.

Nadene Jericho, Mallee Region Coordinator and member of Coonalpyn Branch elected to the position of President Elect.

Yvonne Correll, member of Cunliffe Branch, elected as Central Coordinator.

Joyce Chapman, Online Member nominated to be a delegate (when Sandra Young is unable to attend) to the National Council of Women of SA.

## CENTRAL REGION

**Cunliffe:** held their September meeting at the Anglican Church Coffee rooms, with 14 members present and 6 apologies with 1 visitor. The church serves small lunches and lovely refreshments. Members were able to look around the church garden where members of the public can help themselves to produce or pieces of plants.

Cunliffe WAB has donated to the Drought Relief.

The committee is very busy organizing the Speakers Programme for next year's Yorke Peninsula Field Days. We are trying to ensure that the programme lives up to previous years interesting and informative content.

The October meeting was held at the Men's Shed in Moonta. It is not only for men but women can attend as well. 14 members and 2 guests wandered through the interesting sheds. The members of the shed take in jobs

from the public and also make items. There are some very talented members who are willing to help and offer advice to others.

***Rosedale/Sandy Creek:***

Speaker Pat Wight very kindly consented, with a little persuasion, to give us an insight to her home business as a distributor of motor oil products. Pat began her first entry back into the work force by selling jewellery by 'Party Plan'. She accepted an invitation to attend a meeting which led to her beginning a new venture as a distributor for a Company selling motor lubricants under the name Briton. The success of the product has resulted in Pat continuing successfully with her distributorship for 18 years. She travels around to the Field Days which require a lot of time and energy in the setting up of her site but is part of her 'being seen' and a great way to advertise the product. She also calls 'door-to-door' at Business Premises that she thinks would profit from the products. Pat informed us that she has never done anything like public speaking before and was very nervous about coming along to our monthly meeting but we all found it very interesting to hear her talk and thanked her with a small gift and invited her to a lovely afternoon tea where she happily answered many questions re her product.



As our Project this year is MS Society, we welcomed Mark and Penny Pfitzner along as Penny is a sufferer of this disease. Penny gave us an insight into what it is like to live with MS, a neurological disease which causes interference with the messages to the brain and explained some of the symptoms leading up to her being diagnosed and the progression of her illness. She is now in the secondary progressive stage and needs a walker at all times and Mark is her full time Carer. The MS Society of S.A. and N.T. is a privately funded organization and relies on donations and fund raising to provide its excellent support base. Penny is a most positive and happy person along with her supportive husband and it was a delight to meet them and have a further chat over afternoon tea.

We began our October meeting with a minutes silence for our much loved and valued member, Brenda Noll. This meeting is the 65<sup>th</sup> birthday of our branch and we welcomed our visitor Joyce Glendenning. As our guest speakers were unable to attend due to illness, we took the opportunity to talk about WAB in general and how it has changed over the years and the changes in our branch. We all agreed that we enjoy our monthly competition and our Flower of the month and trading table and will keep this going. Some notable changes were the singing of 'The Song of Australia' many years ago but as we have had no piano and no pianist for some time this has discontinued.



At the closing of the official part of our meeting we spent a lovely time having some great quizzes made up by our clever President Janet Cummings and then enjoyed our lovely 65th birthday by

singing 'happy birthday', and partaking of birthday cake with our afternoon tea.

We celebrated Christmas and our end of year break-up at the Lord Lyndoch Restaurant in the beautiful Barossa Valley. We were delighted that our three visitors, Gerda, Joyce and Jody, could join us for the afternoon's festivities.

After greetings all around we were prevailed upon by our President to each don a Christmas hat of various designs and this caused much merriment.



L-R: Phyllis Paine, Cynthia Semmler, Eunice Simpfendorfer, Claire Steggles (rear) Gerda (visitor), Hilda Lange, Joyce Glendenning, Dawn Schultz, Jean Randall, President Janet Cummings and Pam Abdilla

"Rosedale/Sandy Creek branch is saddened to inform WAB members of the passing away of our dear Brenda Noll.

Brenda was a much loved and esteemed member of our branch for 49 years.

She joined as a young married woman and served as a Committee person, Reporter, Vice President and as our President from 2010 until her illness earlier this year.

Brenda was a wonderful organizer, an amazing cook, a skilled caterer but above all, a kind and caring person.

She will be greatly missed."

## Brenda Evelyn Noll



**Strathalbyn:** Although small in number, the members of Strathalbyn WAB are enjoying their monthly meetings either in a member's home or at a lunch meeting which supports local businesses.

Right: "Spirit of Rural Women" bloom from Thelma's garden



Strathalbyn members enjoy their lunch meeting at Pier Hotel, Milang on 31 October 2018. L-R: Margaret Schmidt, Jan Rankine, Leslie Brewer, Heather McMurtrie & Janette Harvey together with photographer, Thelma Newman

**Wepowie/Booleroo Centre:** sadly announce the loss of President, Margaret Koch. Margaret died recently and members took a rose from their WAB rose to place on her grave site.

## EYRE PENINSULA REGION

**Charlton** members and friends enjoyed lunch and a lovely afternoon at Nyroca campsite north of Port Lincoln. The caretaker, Malcolm Schuller gave an interesting presentation on some of his experiences as a detective in his previous occupation and about the facilities and management of the Nyroca campsite and function centre. Facilities include full accommodation, caravan sites, an outdoor chapel and some pet farm animals are in residence.

Derek Hayman, a pilot, spoke about his experiences flying for Angel Flight over many years. There were many questions relating to the service provided, who uses it etc



Early November was the ideal month to visit local Glendara Rose Garden with hundreds of rose bushes of all colours putting on a magnificent show.

Owner of the rose garden Lyle Howard speaking with Charlton members and visitors – Geogina Lewis, Yvonne Warner, Lyn Siviour, Helen Mitchell, Liz Mickan.

**Pinkawillinie:** Carmen Rayner, a member of a farming family, spoke about her hobby/business Home Made Soaps. Carmen began making soap five years ago to help with her children's allergies. Animal fat and coconut butter are commonly used along with soft or hard oils and various fragrances. Some of the ingredients are used hot and others cold. The ingredients are placed in a micro wave and when combined the mixture is placed into moulds and can take up to three hours to set. Carmen has soap for sale in a local store as well as participating in craft fairs and field days throughout Eyre Peninsula

Members had each researched a topic on The Solomon Islands, our country of study for this year and took turns to bring the information they had sourced to the members. It was a very interesting afternoon and we learnt about the early exploration; the first explorers to visit the Island; the Island's role in World War Two in an area where some of the most intensive fighting in the Pacific occurred; the women; its geography and education system.

## LIMESTONE REGION

**Kalangadoo** WAB celebrated their 95<sup>th</sup> birthday in September at the South Eastern Hotel Dining Room, Mt Gambier with party hats, a little fruit cake and 5 candles for each year past 90yrs. It



L-R Jessie Searle, Sandra Young, Ramona Perry, Janice Widdison, Lorraine Rayson celebrating Kalangadoo WAB's 95<sup>th</sup> birthday

was a real party atmosphere. Ramona, herself, soon to be 90yrs, fanned the candles. Kalangadoo is the oldest branch in WAB and all were very proud to be present for this very special occasion. It was great to share each other's news and to catch up on WAB matters

**Lochaber:** members invited Monica Carter from Naracoorte to speak about her long term commitment to Multiple Sclerosis, originating with her sister's diagnosis. When offered a nursing position at Naracoorte hospital Monica accepted with the chance to be on hand for her sister who lived there.

With a tennis court at her home Monica had frequent tennis parties and made toys, all to raise money for MS. The auxiliary, formed in the early 1970's, combine with a group from Lucindale fundraising to purchase ice vests. Monica spoke of the symptoms and causes of MS and research is ongoing. Lochaber branch presented \$50 to Monica.

Limestone Coast Regional Coordinator, Narelle Scott attended our October meeting, programmed as our Country of Study, Solomon Islands, with Guest Speaker, Alison McCarthy. Alison, husband Paul and young family lived in a secure compound at Kola Ridge, Honiara for approximately 2 years. Paul, employed in the Aust Navy, was posted to the Solomon Islands under the Pacific Patrol Boat Program. Alison gave a PowerPoint presentation of life in the compound with three gardeners, a housekeeper and a security guard named Johnnie. Many funny, interesting and memorable times were told, including a Mother's Day boat trip retitled the Boat Trip from Hell, the dilapidated boat running aground. She spoke of happy hours scuba diving with



Manta Rays swimming above her. Alison spent time listening to school children reading at the International School in Honiara and other classroom activities. Family and friends holidayed with them and they visited many tourist sites, one the WW2 Guadalcanal American Memorial. Alison's close up photo highlighted the final sentence *"May this memorial endure the ravages of time until the wind, rain and tropical storms wear away its face but never its memories"*. Alison's photos and stories of time spent there were captivating.

Alison McCarthy with some souvenirs from the Solomon Islands

**Lochaber** branch invited 2016 Nuffield Scholarship recipient, Jack England of Keilira near Kingston, SE to speak on Variable Rate Technology, Precision Agriculture and Virtual Fencing. Jack's study tour of farming enterprises in various countries convinced him to install this technology on the family farm. Jack now uses satellite technology to be informed on stock movements throughout the day and night, where the mob of sheep or cattle are resting, grazing or defecating. Fertiliser is only applied where needed, i.e., the mob of sheep will use only particular areas for soiling in a paddock, this will affect the rate of fertilizer required on this area compared to the area used for grazing or resting. GPS collars are used on only one animal in a mob to track the stock's movement allowing a



number of behavioural patterns to be observed under various grazing conditions. With fertiliser a large proportion of cost to the farmer, Jack mentioned that farmers can do little to influence prices, but they can improve the cost side of the equation.

**Padthaway:** farewelled a lifelong member. Many of you will remember.....

Ronda Vogelsang

10.1.1921 ~ 10.8.2018 Age 97

Ronda came to Padthaway as a soldier settler with husband Bill and son Kym, the family grew with Beth, Roger and Carolyn to follow. As the area was new with no town, no telephones or roads, the ladies formed a group called the 'ladies club' which ran for a few years before it was suggested in 1963 that it become a WAB branch. Ronda was nominated as President and held some sort of office until going into care. The branch helped to establish a playground, things for the local hall, school and district. Ronda loved sewing and she would make things for the birthday work stalls all year. I'm sure some members would remember receiving a potholder on arrival for the birthday afternoon of entertainment and fun. Ronda would encourage local people to join in by performing and being guests. The friendship was very important for the local ladies as they were quite isolated in the early years. They shared a lot of things and learned through guest speakers, bus trips, workshops and other branches. Ronda was a Regional Councillor for the Upper South-East, she enjoyed meeting new people and formed many lifetime friendships. She loved going to State and Regional Conferences not only to experience their areas but to renew friendships. She was thrilled to have 3 generations in WAB, her daughter Beth Gale and her granddaughter Virginia Gale both with strong involvements with Padthaway and State level. She was excited to receive her 50 year badge alongside long time friend Eileen Matthews who shared many years together in office switching positions. Ronda was sad that she wasn't able to be part of the WAB 100year celebrations at Riverton but enjoyed looking at the program and photos of the weekend. Ronda was a member of the Padthaway WAB for 55 years and she would encourage any lady who came new to the community to be part of the Padthaway Branch. Thank you Ronda for what you have done for WAB it was so encouraging to hear from different branches and people involved with Ronda in WAB mention at her funeral that she had left a footprint of WAB in their lives. Many were newcomers to the district and WAB was the first place to meet other women and receive much needed friendship and guidance.

Written by her daughter, Beth Gale

*Ronda on the day she received her  
50 year badge*



**Stewarts Range:** members met at the Bushman's Arms Hotel in Naracoorte

Guest speaker, Rex Hall gave an interesting report about the progress of the planned museum building, the car park, storm water, plants have been completed and costs for the next phase have been obtained. The

Museum, when completed, will be a big asset for Naracoorte, visitors, school students and local residents. President Hazel Hack thanked Rex for his excellent address and presented a cheque for \$300 from our Branch, which was gratefully received.

Invitations for a Combined Branches Christmas Lunch on 5 December have been sent to Lochaber and Padthaway branches plus State President Sandra Young.

## **MALLEE REGION**

**Coonalpyn:** Selena from Do-Terra came along to our meeting and discussed with us the impact essential oils can have on our lives. How different oils have different effects on different parts of the body and different health effects. Selena also showed us many different methods on how to use them, either in diffuser in a room in the house or applied onto the skin, but never to be taken

**Paringa:** No report.

**Yurgo:** President told of our state conference at Murray Bridge and the lovely time had by those who went. Also a report on the meeting at Jeff Morgan's aeroplane museum at Marama. Matthew Morgan, CEO of Karoonda East Murray Council was guest speaker and spoke about plans for Karoonda Oval improvements.

In October our senior member Nancy Burdett gave us a most informative talk on the Solomon Islands. Her son Colin worked there for a while and it was most surprising to hear some of the things from his time there.

**Wirrega:** Branch heard guest speaker Naomi Gill talk about Women's Pelvic Health in August. Naomi is accredited with research in this specific field. It was a very informative evening, with many questions being asked over supper.

In September Rose Milton the Bordertown founder of "Days for Girls" spoke to us on her recent visit to Sri Lanka, taking sanity kits for girls that are made of materials which can easily be washed and reused.

She also took to Sri Lanka materials and sewing machine, so that the girls could make more of the kits for others. The Wirrega Branch gave Rose a donation so that more materials can be purchased for this very valuable work.

International Rural Women's Day was celebrated on October 15<sup>th</sup> with a gathering of over 50 community members to hear guest speaker Sandra Young (our WAB State President) speak on her earlier career as a Forensic Scientist. Sandra gave an interesting account of her work and the detail a forensic scientist undertakes to find the smallest clues to convict a wrong doer.

In November we are taking an agricultural focus by visiting "Kongal Seeds" at Mundulla to understand the Seed cleaning process at a local plant and where the seed goes from there.

We are celebrating the end of the year with a Christmas dinner at a lovely restaurant at Keith.



## Online Branch

Our population reached 25 million in August and here Online we had serious discussions about the infrastructure, educational facilities and hospitals plus the associated professionals such as engineers, teachers and doctors needed to support what for Australia are VERY BIG numbers of people. Would we have enough FOOD was an important question but our farmers are some of the best in the world and grow 93% of the food we in Australia consume on a daily basis. Our farmers also export large quantities of produce to other less efficient nations. Roz saw a very interesting program on Australia's population increase in the past year alone (400,000) and the forecast was that Melbourne and the state of Victoria for example would need 20 more schools built each year to meet the expected demand.

In September we welcomed 3 new members - Sally Packer, Kristy Fogarty and Marg Heath. We had a great response regarding Good Neighbours. In our rural areas many were the instances where good neighbours helped out with bushfires, harvest and machinery breakdowns, children and school buses or just by offering a shoulder to lean on. We felt that overall Australia acted as a good international neighbour to other countries in our region. We heard of examples of our members and families helping people - buying a homeless person a drink and a sausage sandwich or giving directions to a visitor to our state who seemed lost. The difference between the city and the country was often mentioned. In the city - where few know many, if any, of their neighbours and the country - where the best neighbours are friendly, helpful and always "there" but never "nosey". Sally was unique in that living on Mundoo Island surrounded by the sea she has no immediate good or bad neighbours!

The Solomon Islands as our country of study was October's topic and Jenny pointed out that their nearest neighbour was 1500 km away. The Solomons were first discovered by the Spanish in 1568 and then effectively "lost" until re-discovered in 1767 by an English explorer. 600,000 people live on the Islands. English is the official language but more than 60 dialects are spoken. Music and Art are very important in their culture but the status of their women leaves a lot to be desired so far as human rights go. There is a ratio of 1 female to 49 males in the parliament. The Solomon Islands became independent in 1978 and have a constitutional monarchy.

November discussions around the issue of Domestic Violence brought many stories of abuse and concern for those involved either directly or indirectly. Vickie Chapman, Attorney General and also an On-Line member contributed with information about the State Government's actions to increase assistance and awareness of DV.



Some Online branch members accompanied by a good number of brave husbands (pictured left) met in Hahndorf on Sunday, 28 October, and toured The Cedars, the home of Sir Hans Heysen. One can stand in his studio and imagine his presence and many of his paintings are displayed on site. Afterwards we adjourned to the Stanley Bridge Tavern in Verdun and over a good lunch caught up with the news, hugged old friends and made new ones, and thoroughly enjoyed ourselves. Sandra presented Joyce and Jane with 5

and 10 year Certificates and work was done by some industrious ladies on the website!!

*Just a reminder to members of branches if you would like to join the online branch please email [WABinSA@gmail.com](mailto:WABinSA@gmail.com) to get your name added to the contact list and you too could be a part of this great "online" community as your membership is included with your Branch Levies.*

## **STATE PRESIDENT AT FARM FAIRS AND FIELD DAYS 2018**

### **Kapunda Farm Fair**



In April, I set up the WAB stand in the Main Shed of the Kapunda Farm Fair and with the help of Janet Hall, placed the displays in the most appropriate way for best exposure. On the Friday, we were visited by several past members and some prospective new members, one from Truro won the free raffle. I also obtained details of potential guest speakers for conferences. Janet & I were photographed by the Stock Journal and I placed a photo on the WAB Facebook page. There was bad weather overnight so that on the Saturday numbers were reduced and all stalls packed up early. Thank you to Janet Hall & Roz Rowett

(On-Line members) and Claire Steggles (Rosedale/Sandy Creek member) for relieving me throughout the 2 days and for my daughter Rosemary for helping me pack up.

### **Cleve Field Days**

In August, after a long drive, I set up the WAB stand in the Crossville Pavilion of the Cleve Field Days. It was a 3 day event and I was relieved by Di Hamlyn of Pinkawillinie and Lyn Siviour, Lee Russell & Sally Packer of Charlton. I felt that it was a very worthwhile exercise, having spoken to potential members, several past members, potential speakers for conferences (I used 2 of them for the State Conference) and I met the President of the CWA of SA, Roslyn Schumann. I also just chatted to people about WAB, giving us good exposure, I feel. The free raffle was won by a potential member from Streaky Bay. I put a photo on Facebook and had an interview by the local ABC radio. The next day I was able to attend the WAB Eyre Peninsula Regional Gathering at Arno Bay. It was the first time I had stayed in this area which was a delight.



### **Riverland Field Days**

In September, I set up the WAB display in the large Bank SA tent opposite Gate 1 at the Riverland Field Days at Barmera. While I didn't see as many past members, I spoke to several potential new members and the husbands of potential new members, who went home with a brochure. It certainly was different



being in the Bank SA tent, with the comradery of the Bank SA staff, the access to wine and beer tastings and nibbles, not to mention the bright red chairs and refreshing iced water. I was relieved by past member, Lyn Teakle (Wattle Range) and Margaret Duggin from Paringa Branch. The local paper, the Murray Pioneer, took a photo and again I placed a photo on Facebook. The weather was perfect and warm and many children walked out of the tent with WAB stickers. We were also able to sell raffle tickets (the quilt donated by Nadene Jericho was on display) to help the island ladies come to the ACWW World Conference in Melbourne. Thank you to our gold sponsor, Bank SA, for allowing us to join them in their tent. I learnt how hard working and friendly the Bank SA staff is. Several travelled from Adelaide as well as the local area.

Attached is a report on a **State Budget 2018-19 Regional Meeting held at Clare on 7<sup>th</sup> Sep.** that Central coordinator, Yvonne Correll attended representing WAB.

PIRSA Regional Budget Address: Clare Friday 7 September 2018

Minister for Agriculture Hon Mr Tim Whetstone presented detailed information on Key Project funding in the local region and provided additional information on the 2018-19 State Budget breakdown for all regions .

The Meeting was a good opportunity for regional concerns to be discussed directly with the Minister and suggestions made to address issues affecting local communities.

15 interested persons met at Clare for the breakfast Meeting with Minister Tim Whetstone to present the State Budget 2018-2019.

His opening statement was that the government decisions will be made by cabinet not bureaucracy or agencies.

Key points:

Total \$773 M for Regions:

- \$315m over 4 years-Regional Roads and Infrastructure fund will be funded with 30% of mineral and petroleum royalties
- \$150m over 10 years: Regional Growth Fund ( \$5m competitive Grants \$10 Strategic Reg. Growth projects)
- \$192 M over 10 years : Country Health
- \$100 m : Whyalla Secondary School – 1500 students open 2022
- \$12M over 4 years: Regional Development Australia (RDA)
- \$10m : Mobile Phone Black Spots funding (stimulus to attract Fed funding)
- \$5M: Country Fire Station upgrades

Domestic Violence Package of \$11.9 M over 4 years to support women and children at risk in SA

No cuts to SARDI or BioSecurity SA

Telco's are committed to match government funding

Police checks -no cost

Sports Vouchers: (\$29.4 m over 4 years) \$100 per eligible child

Yvonne Correll: Central Region Co-ordinator

For more detailed information about funding across the State go to [STATEBUDGET.SA.GOV.AU](http://STATEBUDGET.SA.GOV.AU) .

### WAB HISTORIAN REPORT

It has been an honour and privilege to hold the title 'WAB Historian'.

It will be even better when I can report that the 100 Years of WAB pictorial history is completed and ready for distribution. I thank you all for your patience. The wait will be worthwhile as I am pleased with this work in progress which takes place in between a busy schedule. Wishing all WAB Officers and members much success as together we go forward making our mark towards the next 100 years of WAB History.

Thelma Newman, WAB Historian



### ACWW INTERNATIONAL OFFICER'S REPORT

Those wishing to attend the Triennial World Conference in Melbourne in early April next year, should register now. Also member's dues are due by end of December. I have sent out renewal forms on email and also some by mail. Please note that the fees have changed due to increases decided on at the Warwick, England Conference.

Thanks to all who have sent get well wishes. I am on the mend. Wishing everyone a very Happy Christmas and successful and Prosperous year in 2019.

Helen Colliver, ACWW.

### SIGNS for TOWN ENTRANCES

Similar signs have been placed at town entrances and over the years they have become dilapidated, lost or broken. WAB will order new signs for those branches requiring new ones. These will cost \$10 each to branches as WAB is subsidising them and paying \$10 each as well. They are made of Aluminium Composite Panel (ACM) and are 30cm in diameter. They have a guaranteed life of up to 8 yrs but should last longer and can be attached by adhesive, double-sided tape or screwed/riveted.

I also ask that we remove any old signs at town entrances as they are out of date and most would be rusty and unreadable.

Sandra



### WHITE RIBBON EVENT – Domestic Violence Awareness

WAB received money to support information sessions about **Domestic Violence**. Four of these were held around the State, at Kimba, Clare, Keith and Naracoorte. Below is a short precis of those information sessions.

Although it was a disappointing crowd number wise for the **Keith** DV event, 23 with WAB members and speakers counted, the evening was still very good and informative and those present were very interactive with the speakers. At supper time and beyond there were a lot of those present who just wanted to stay and talk with the speakers, who were happy to do so.

The Mt Gambier Family Violence Police Unit speakers were also excellent and it is good to know how they work together with all agencies in the Limestone Coast area.

Some comments I had from people (afterwards) who received a flyer were that as they had never had anything to do with DV they did not think they needed to come!

Present that night was a member of the Keith Area School staff, and they are also starting up a white ribbon program, so the message will continue to be spread in the Keith area. (Nadene Jericho, Coordinator, Mallee Region)



At the **Naracoorte** session with speakers from SA Ambulance, SA Health and SAPOL, Beth Gale made white ribbons for all to wear and a raffle raised funds for Ivan's Riding Free of DV charity.

Ivan Phillips, White Ribbon Ambassador, speaking at the Domestic Violence seminar in **Naracoorte**

Clare event held in **Clare** was attended by 30 from the Clare community and region. Keynote speaker Ivan Phillips had the audience riveted throughout his heartfelt presentation as did Leanne Kruger with her courageous account of her childhood experiences living in a DV home.

Support services presenters Sharon Ashford, Uniting Country SA and Snr Const. Nikki Oxspring, SAPOL Domestic Violence Intervention Officer presented valuable information on the Services they can provide in the community and what their roles involved.

2-3 questions were directed to each presenter during the formal part of the evening and all presenters were keen to further talk on their personal experiences to attendees during supper.

Representatives from 3 Churches, Lions Club and other organisations are reportedly spreading the word and actively inviting Ivan's story to be shared at a function to be held in 2019 with other opportunities being investigated.

(Yvonne Correll, Central Region Co-ordinator)

The WAB White Ribbon event in **Clare** was very successful and very confronting. Ivan Phillips was a great speaker and we also heard from survivor of domestic violence and her story was one of absolute terror and

courage. Her mother experienced horrific violence from her father along with herself and her siblings, until finally her mother left taking her children with her.

It totally reinforced the need for everyone to be good neighbours, good community members and speak out against violence, lack of respect, and just asking 'are you okay'. (Liz Calvert attendee)

The **Kimba** Mental Health and Wellness Committee organised a weekend of activities to help make the community aware of the various aspects of mental health. Ivan's involvement with domestic violence was an aspect that fitted into the programme and brought a different perspective.

Ivan conducted a session in the men's breakfast segment. There were 30 men present and all were so impressed with the presentation that they attended the evening dinner and encouraged their wives to attend when they were hesitant.

Ivan was one of two speakers who spoke at a dinner which was attended by 130 people the maximum the hotel could cater for. His story was very moving and all of us there were amazed at the lengths his daughter had gone to to hide what was happening to her, making us realise what a hidden problem Domestic Violence is. You could have heard a pin drop the audience hung on every word. The charity Ivan has set up to instantly provide money to a victim in need seems to be such a worthy cause it is a charity worth supporting.

The comments after were all of how moving the talk had been and that he had spoken from the heart. WAB was congratulated by several of the participants on gaining the grant enabling the workshops to be held throughout the state.

(Dianne Hamlyn, President, Pinkawillinie WAB)

*"Dear Santa, for Christmas I would like a fat bank account and a thin body.  
Please don't confuse it like you did last year"*

***We are proudly sponsored by***



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A REMINDER ALL REPORTS TO BE INCLUDED IN THE NEXT WAB NEWS ARE TO BE SENT DIRECTLY TO **YOUR REGIONAL COORDINATOR** WHO WILL THEN FORWARD TO LEE RUSSELL.

If emailing reports simply include Newsletter Editor by cc to LEE at [ndhrussell@bigpond.com](mailto:ndhrussell@bigpond.com) when emailing to your Coordinator.

**NEXT EDITION OF THE WAB NEWS WILL BE DUE OUT IN May 2019 – Deadline for articles is 15<sup>th</sup> 2019**