



### Hello Members of WAB,

I spent 2 days at the Kapunda Farm Fair in April and 3 days at the Cleve Field Days recently, highlighting WAB in our regional communities. I was visited by quite a few past members who enjoyed seeing the photos of the rose launch and our Centenary Celebrations in Riverton last year. Thank you so much to the Padthaway branch and in particular, Beth Gale, for lending me the photo displays they organised for their regional conference this year. They are very attractive and have been a great asset to the WAB display. I also made several contacts of prospective new members and I am happy to say that at least one has joined the on-line branch as a result of meeting us at Cleve. I also want to thank Janet Hall and Roz Rowett who helped me at Kapunda and Di Hamlyn, Lyn Siviour, Sally Packer and Lee Russell who helped me at Cleve. My cousin, Michael Smart, also babysat the stall for 1 hour while I had lunch one day.

I attended the Limestone Coast Conference on 5<sup>th</sup> April at Padthaway and the Mallee Conference on 23<sup>rd</sup> April at Karoonda and both were most enjoyable. I learnt a lot about Argentina and climbing mountains of numerous sorts. The theme was interwoven into the presentations of almost all of the speakers or performers which were fascinating. Thank you to Padthaway and Yurgo Branches for their great programs.

The history display of WAB at NCWSA House in Adelaide was much enjoyed by those attending and Thelma Newman and I loved talking about WAB for the 2 day event. We met several members of NCWSA and have made new friends. Some women had never heard of us, so it was definitely worthwhile to become more public.

Our visit from Ruth Shanks was memorable and the events well attended. It also gave an opportunity for WAB and CWA members to mingle with ACWW as our common cause. We certainly learnt a lot about behind the scenes from Ruth and can appreciate the benefits of our Coins for Friendship better than before.

Recently I attended the Eyre Peninsula Gathering at Arno Bay where we learnt about the Solomon Islands. The new theme was also discussed and we each shared our WAB story in order to be a good neighbour on the day. I gave a talk on my previous experience as a Forensic Scientist, which is fun to share. Thank you to Pinkawillinie Branch for organising the day.

WAB sponsored a nomination for the Ruth Gibson Award, which was successfully won by my daughter, Rosemary. The award was shared by Marijke Eastaugh. Rosie is now studying in Nottingham Uni, UK and has appreciated the extra money to set herself up in the attic of a shared house for the next 11 months. She is really enjoying her experience.

It was with great delight to learn that WAB won a grant from the Adelaide White Ribbon Breakfast to conduct 4 regional events focusing on Domestic Violence. They will take place on 19<sup>th</sup>, 30<sup>th</sup>, 31<sup>st</sup> Oct and 1<sup>st</sup> Nov in Kimba, Clare, Keith and Naracoorte respectively. We look forward to working with other community groups in each region to allow as many people as possible to attend them.

I will see many of you at the State Conference at Murray Bridge on 31st August. Take care driving there.

Yours in WAB,

Sandra Young

#### CENTRAL REGION

Cunliffe: enjoyed Paul Correll's photos of Argentina and hearing of his trip there with his wife. They found Argentina to be a wonderful, picturesque country with a very colourful history. Having been settled by the Spanish the main religion is Catholicism. The history of Eva Peron, first as the President's wife then as President is confusing for some as she was very powerful and had many enemies. Eva did gain the vote for women and had a Hospital built for women; she died aged 33 years. The Corrells had a cruise in Patagonia, known as the End of the World, and travelled around the Horn and up to Punta Arenas.

Carers and Disability Link speaker Susan Poole spoke about Multiple Sclerosis and gave us a clear over view of the illness and associated problems.

**Rosedale/Sandy Creek: :-** We were very lucky to have 3 visitors for our afternoon, Joyce from Williamstown and our Vice President's lovely Granddaughter Beck and her little son Jaxon, as they were visiting from interstate. We all enjoyed a short meeting where we discussed the new Theme, Country of Study and Project. We had some lovely entries for our monthly competition, which was "A small garden ornament" and there were some very cute entries and some lovely flowers for our "flower of the month".



Members hard at work solving the puzzles 'PROVERBS' and 'NUMBERS'

Eunice Simpfendorfer, Hilda Lange, Dawn Schultz, visitor Joyce Glendenning, Jean Randall, Pauline Davids.



Abbeyfield Nursing Home Williamstown, were welcomed by the Activities Manager, Gerry and had a lovely afternoon visiting the delightful residents during their craft afternoon and renewing our acquaintance with two of our past members Laurence and Mavis. These two ladies are both in their late nineties and still take part in all the activities provided and were greatly interested in hearing all the news from WAB. Our branch records showed us that it was the day after Mavis's birthday so we all gave her a rousing Happy Birthday whilst enjoying afternoon tea. The Director found time to join us and was delighted when we gave a vote of thanks and a donation to them for kindly finding the time to give us a tour of their lovely complex.

Our Speaker in July was Rob Richter, a member of the National Trust and member of the Gawler History Team. He has a wealth of knowledge about the very beginnings of the town of Gawler and it was most interesting to hear how the town grew from one Hotel to cater for passing travellers to the large and busy town it is today.

The discovery of copper at Kapunda and later gold at Burra was a big factor in the progress of the town and at the height of these discoveries there were many bullock wagons a day passing through Murray Street. Of course bit by bit the town developed with more buildings, shops, hotels and the Town Hall, the arrival of the railway and the Rail industry established by James Martin. We all enjoyed reminiscing about the changes we have all seen over the years and recalling all the old shops which have come and gone in the main street.

Rob has researched his subject well and joined us for afternoon tea where we all enjoyed listening to more stories of Gawler's beginnings.

### Strathalbyn:

The beginning of 2018 saw 6 Strathalbyn Branch members continue to meet under the leadership of Secretary/Facilitator, Thelma Newman.

Monthly meetings have continued, with Lunch meetings supporting local businesses and home meetings provide members with the opportunity to support our WAB Project, Multiple Sclerosis as well as discussing various subjects.

Members celebrated the Branch's 82nd Birthday in April by attending Strathalbyn Players Musical Cabaret production titled "Archy & Mehitabel", a great fun night to which 3 husbands also attended.

Our more informal meetings have attracted a former member to re-join our Branch and several locals have indicated their interest in joining our Branch.



Strathalbyn WAB members attending the Lunch meeting at Strathalbyn's Commercial Hotel. Left to Right: Janette Harvey, Heather McMurtrie, Thelma Newman and Margaret Schmidt "Photo courtesy of The Southern Argus"

## Historian Report

WAB Historian, Thelma Newman is progressing the Pictorial History of WAB and will make every effort to bring the completed USB's to the AGM at Murray Bridge.

#### EYRE PENINSULA REGION

*Charlton:* Peter and Margaret Knife from Eyre Peninsula Community Foundation and Sharyn White from Country Health Connect gave an informative presentation about the

Foundation and palliative care and home hospice. The presentation was attended by 32 people.

Joy Whennan from Beers News-agency in Port Lincoln shared her life's journey from farming to running the local news agency.

Joy commenced with a discussion about the early days of newspapers and each newspaper's role in rural communities. These included The Advertiser that kept people connected with engagement announcements, deaths notices etc., The News that came out in the afternoon, and the most wonderful paper The Chronicle that was found in almost every country home and had everything from recipes, pen friends and letters to Aunt

Dorothy. Every small community had access to these newspapers, and the newsagency and the pub were the local hubs. Adelaide newspapers had regional sections, e.g. specifically for the EP. Then came the Trading Post that was solely for buying and selling anything and everything, with each issue highly awaited.

Most towns had a local paper full of local personal stories as they had local reporters and were printed locally. Printing presses were amalgamated and local news was lost and the news became generalised. Almost every home had home delivery, allowing for secure orders for newsagencies. There was a change to plastic wrapping newspapers, including a short period of flat wrapping papers that meant the delivery person could no longer throw papers out to both sides of the road.

There was a perception by city reps that country people were backward and most local business people gave them twelve months but they persisted and succeeded. They worked hard with a large mail run and with Joy's husband throwing papers seven days a week with two paper runs per day. Joy also started craft classes as a lift for women in the community when the economy was depressed and this was a great success.

A lot has changed now with no local presses, some locations losing their mail run, no home delivery of papers during the week and supermarkets taking over the most profitable parts of the newsagency business. However Joy remains very positive about the future of newsagencies as young people are reading avidly.

Leon Stott of Stott's Oyster Consulting, gave a presentation entitled 'Making a Difference'. Leon diversified from broadacre farming to oyster farming in 1988 and shared some of his experience and innovations. Leon now provides technical support, coaching and training in the oyster farming industry around the world.

WAB Eyre Peninsula Regional Gathering 18<sup>th</sup> August, 2018 Hosted by Pinkawillinie Branch and held at the Arno Bay Hotel

Members and partners from Charlton and Pinkawillinie WAB Branches along with two past members from Tuckey Branch, Sandra Young WAB State President, Sally Packer Eyre Peninsula Regional Coordinator, and Lee Russell Central Coordinator gathered at the Arno Bay Hotel for the Eyre Peninsula Regional Gathering. The gathering had been planned to coincide with the Cleve Field Days as Sandra had a WAB Display there. The theme this year is being a good neighbour and the micro phone was passed around and each member told us the WAB branches they had been involved with and a little of their WAB history

John Mitchell Bank SA Rural Business Manager for Upper Eyre Peninsula spoke of the changes of a woman's role over the last couple of decades and the banks willingness, by sponsoring WAB, to encourage women to participate in their family business and the community.

Sally Packer. Eyre Peninsula Regional co coordinator spoke about being a Good Neighbour. Giving us all food for thought on what that is and how it has changed especially since technological communications have increased. We no longer have the neighbourly party lines enabling us to know there was a person just the turn of a handle away, but the impersonal text messages. Sally challenged us to be good neighbours and to go out of our way to get to know them.

Sandra Rattley a sufferer of MS, the project for 2018/19 was the next speaker. Although she first developed the symptoms in 1995 she wasn't affected badly for many years. She has learnt what she can and can't do, stress being one of the things that increases the effects of symptoms. Various medications have been tried and there are still others that can be tried, but she knows there is no cure at the moment. The hotter it is the fewer symptoms she has. It was inspirational to hear what she is able to achieve under difficult circumstances by accepting what she can do and working out a way to do things that she has difficulty with. She still works a social worker.

WAB State President Sandra Young then explained her dual role and the various initiatives that have been set up to help WAB continue to function even though funds are short. It was interesting to hear about the areas the Management Team are working on to improve the organisation. The grant to run Four Domestic Violence

Seminars around the state and finding a home for our very large banner made for the 80<sup>th</sup> year of WAB are two projects it was pleasing to hear of.



Sandra presented a 5 year membership award to Liz Mickan of Charlton (left) and 10 year membership awards to Pat Forrest, Dianne Mc Donald and Barbara Shirras.

Barb Schaefer spoke of her experiences in the Solomon Islands during her term as ACWW Area President. Violence against women is still the highest proportion of crime in The Solomon Islands. They hope to have a representative attend the ACWW Conference to be held in Melbourne next year.

Sandra was the last speaker for the day and she spoke on Her Life as a Forensic Scientist. It was so interesting to hear of the study she had to do to become one of the two highest qualified Forensic Scientists in Adelaide when she took up her position. The patience it must have taken to piece together the evidence to get a guilty verdict. She spoke at length on the Richard Kelvin case which she worked on for 10 months and was able to conclusively prove that Bevan von Einem was guilty.

*Pinkawillinie:* Members travelled to Wilmington to visit our member Ronda Lorimer who now lives there. We arrived and were welcomed with morning tea before we began our tour of inspection both inside and then outside where we visited the goats, chooks and various animals, the gardens and the sheds. We marveled at all the things they had been able to bring with them even the scrap metal.

Members held our meeting while the men did the inspection of the property. Afternoon tea concluded the day, and we set off for Kimba. It had been a lovely day if a little windy and by the time we reached the Iron Knob turn off the dust had completely blocked out the sun.

A young Kimba girl, Jodi has set up a catering business from her home was our guest speaker.

Jodi decided to cook food suitable for Harvest Lunches and offered it on face book to her friends in 2016. She was surprised when people were ringing asking for food for lunches and it has continued on from there. She cooks for packs for shearing, school lunches, and participates in local markets and community pop up shopping days. She has an advert at the free camping site offering fresh homemade cake. The campers can ring in the afternoon and she delivers next morning. Comments in Wiki Links are all very positive and travelers appreciate being able to get home cooked goods at a reasonable price. She enjoys cooking and if she has a cooking day and has any spare she puts a note on Face Book and it is soon gone. With three young boys she is kept busy.

### LIMESTONE COAST REGION

*Kalangadoo:* No report

#### Lochaber:

At our May meeting Robin and Jill Steen from Naracoorte spoke about their adventures around the globe, titled Climbing Mountains.

Robin began his talk by outlining his personal climb up the ladder in business, including his time served in National Service, a stock agent, then a branch manager with a stock firm. Robin and Jill's adventures have included New Zealand's Milford Track and Pokara, Nepal. Robin spoke of the beauty of the Himalayas and the trekking they undertook with the sherpas pacing their trek to fit the trekker's abilities adjusting to high altitudes and fitness. He also spoke of litter and general standard of living in Nepal, the porters who ran constantly to set up camp ahead of their group, running in thin clothing and thongs for footwear. The tracks were mainly steps, many steps. They passed villagers on these tracks often carrying huge loads on their backs such as a woman carrying a single bed on her back, another with a big load of timber. School children would walk for two to three hours to reach a village school then stay for 24 hours at a time. In one village an Australian girl was teaching at the local school.

In 2002 Robin and Jill travelled to South America and trekked for four days to view the lost Inca city of Machu Picchu, Robin amazed at the foresight of the Incas in the structure of the stone work. They also viewed the Sun gate at sunrise - another wonder near Machu Picchu. Robin and Jill have travelled to Morocco, walking in the Atlas Mountains, Mont Blanc in Switzerland, Mount Denali in Alaska, formerly known as Mount McKinley, Cradle Mountain in Tasmania and trips to Antarctica and Magadan, Russia.

Local farmer Bob Williams took members on his journey to Argentina with photos. Argentina, the 8<sup>th</sup> largest country in the world with 92% of the population living in its cities gained independence from Spain in 1816. Argentina shares borders with five other countries, Brazil, Paraguay, Uruguay, Chile and Bolivia.

Bob spoke of the wine region Mendoza, situated on the east side of the Andes; the Andes highest peak, Mount Aconcagua nearly 7,000 meters high; Buenos Aires the capital city which experiences an average yearly rainfall of 40 inches and is situated on the western shore of an estuary of the Plate River or Rio de la Plata; then to the Igauzu Falls and Rio de Janeiro.

Brevet Sergeant Beauchamp, Senior General Duties Member from SAPOL spoke of the life of a policeman fraught with accidents, murders, violence, suicides, drugs and the impact on policemen. Michael heard of Blue HOPE – a support group for police suffering Post Traumatic Stress from work - through a face book article and agreed to take part in a planned Kokoda Trek. His photos conveyed the grueling terrain, hot humidity each day with chilly nights and the heavy back packs they carried. After nine days they had completed the trek and raised \$20,000 for Blue Hope.

Lochaber welcomed Padthaway members for their meeting and tour of Naracoorte Recycables, Enviro Tec SE Pty Ltd and Naracoorte Waste Transfer Station. Great information gathered and members commented later "a worthwhile day". Morning session commencing 10.00 am visiting Naracoorte Recycables, Enviro Tec SE Pty Ltd and Naracoorte Waste Transfer Station. Great information gathered and members commented later "a worthwhile day". Three members from our neighboring branch, Padthaway attended, along with a visitor and two children. Each business visited provides a much needed service to Naracoorte and district. Members were told of the areas set aside for either bottles with a 10c return and those bottles that don't have a return, whether it's clear or coloured glass. Some plastic bottles are now receiving a 10c return and we were also instructed not to crush aluminium cans as this interferes with the later packaging and disposal o from Naracoorte Recycables. Next business, Enviro Tec we heard of the services offered within the business, ranging from hire of skip bins, to kerbside rubbish pick up and also street sweeping. This company also handles the Waste Transfer Station where household rubbish is compacted. Green waste is also stored on this premise, plus e-waste and chemical drums. Lunch and meeting followed at Gather on Gordon a new catering business run by Tanya Ham.

### Padthaway:

For our May meeting Padthaway WAB decided to celebrate the branches "54th" Birthday. Our President, Beth Gale and Secretary Beth Ortlepp combined together to cook a beautiful luncheon of curry pumpkin soup with bread, crumbed garfish with hot chips and salad. After the meeting Narelle Scott lit the candles on a beautiful sour cherry chocolate cake.



Beth Ortlepp cutting the cake Member Els Heddle fanning the candles Limestone Coast Regional Councilor and member, Narelle Scott lighting the candles

We met in June to hold our final meeting and go into recess but after a long discussion decided that our Branch would continue so an AGM was held and Branch Facilitators were elected.

## And then in July Padthaway sent this happy report

We had a lovely group of ladies join our WAB Day on July 5<sup>th</sup>. The party plan was Enjo and Seceret with demonstrator Annie Johnson. She talked and demonstrated uses of individual products, how they work and are environmentally friendly. She briefly talked about Seceret products that are filled with minerals from the Dead Sea. The 4 members of our branch had a quick meeting joined by our guest Glenda Grady who indicated she would love to join. Later that night one of our friends Chloe Williams also indicated that she would like to join. So nearly going into recession we have now gained 2 new members.

In August Padthaway joined with the Lochaber Branch to hear an interesting and inspiring talk on recycling. We were informed what they can and can't recycle. They are always looking to market every aspect of recycling including the bundling of magazines and books with cardboard. The metal is cut down into little pieces and exported for reuse overseas. Mr Tim Rice also mentioned that if Victorians bring cans and bottles to South Australia that are not bought in SA and are caught they can be fined up to \$30,000. We moved next door to Enviro Tec who provide Roadside collection of garbage, recycle and green waste. Owner Glenn Hamlin thoroughly entertained us - he is very proud of their trucks which pick up all the bins or skips. They have a street sweeper truck which keeps the streets clean and then they recycle the debris they collect; we also saw their disposal plant. They have the old rubbish dump where they have landscaped the surroundings and there is not a paper on site it is all neat and tidy. They have a big shed with different bins and areas to process waste. They manually disembowel mattresses so they can be shredded and separated from the springs to recycle all. It is a mammoth job that they are doing and it's nice to hear that South Australia is way ahead of the rest. What a fabulous day thank you to Lochaber for letting us join with your branch activities.

*Stewarts Range:* Guest speaker Reg Pallant from Kingcraig Motors gave an interesting account about RAA which began in 1903 and has had several name changes over the years. Members had many questions to ask and we found it very helpful as many of us travel alone.

#### MALLEE REGION





Mundoo Island is an operating cattle and sheep station owned by Colin and Sally Grundy accessed by the Hindmarsh Bridge. Farm tours are available while camping is also permitted.

The farm is between 2800 and 3200ha but they have never actually worked it out because this all depends on the tide, wind erosion and lease tenure. The tour our group took was absolutely fantastic and a must do if you have the time as we all learnt so much and there is far too much to just write about.

For anyone interested in visiting: Mundoo Island Station Tour

Enjoy a scenic tour (1.5 hours) of this unique cattle and sheep station, run over a series of islands in the heart of the Coorong.

The unusual blend of salt and fresh water environments lends themselves to myriad birdlife and a diverse ecological wonderland with picturesque scenery and natural flora and fauna.

The station was established in 1843 hence history abounds in the Old Car Graveyard and Station Museum.

There is something for everyone!

Bookings essential.

Contact WAB Online Branch Member Sally Grundy

Email: sally@mundooisland.com.au

Mobile: 0418 843 299

www.mundooisland.com.au

Facebook: Mundoo Island Station

In May *Coonalpyn* celebrated their 83rd Birthday with a Progressive Dinner, with members inviting their family members along to join us. We travelled to 4 member's homes for the 4 course dinner of soup; roast and veges, Sticky Date Pudding and Black Forest Birthday Cake, then held our meeting and had supper at the 4th home. Everybody really enjoyed the meal and fellowship.

After our AGM Nadene showed us how to bake Brandy Snaps, which we then ate for supper.

## Paringa:

June meeting - Our guest speaker was Olympian Pat Mickan. Pat represented Australia twice in Basketball. She spent her early years in Renmark and has recently returned, purchasing a cafe / health food business. Pat was an ideal speaker for 'Climbing Mountains" She spoke of the absolute highs and lows she experienced during and after her playing time.

During a hard time, she was introduced to 'Transcendental Meditation" and still practises this today.

We had a tour of the museum in the unused rooms on the first floor of the Renmark Hotel which includes items of furniture, china, silverware, photos, menus and all memorabilia from the Hotel. Members enjoyed being taken on a ghost tour and found the art deco tiling, arches and light fittings of a bygone era very interesting. A large white rock has been chosen from the Curtis property on which to affix the WAB commemorative plaque – it will be placed in the rose garden near the Paringa IGA store.

## Wirrega:

The Wirrega Branch of WAB has enjoyed a variety of interesting speakers.

One of our members, Yvonne Paech, spoke about her trip to Cambodia to visit the "Smiling Heart School" in Siem Reap where she and her grand-daughter took much needed supplies and aid to help with the children's education. There is no Government funding for this school in Cambodia.

In April we learnt about two enterprising business women in our district. Linda has started a mobile van selling coffee and food to businesses in the Industrial Estate at morning tea and lunch times. She makes all her own food and her business is growing rapidly as it fills the need. Bec a farmer's wife spoke of her flower arranging business which she works from home and has an outlet at the fruit store in town. Bec is using social media and development of a web site to further grow her business. A most interesting evening learning about the business challenges of these enterprising young women.

A media evening was held at our May meeting when we invited a representative from the local radio station, local paper and District Council to speak on the methods they use to inform the local residents of news-worthy information, as members felt there were gaps in their reporting. It was obvious that electronic means of communication are now used widely, which does not always appeal to the older generation, and they may not have this technology.

In May members spent two days selling Raffle tickets for a trailer load of wood and the money raised as a donation to "Ovarian Cancer" the Branch Project for the year.



A group of members attended the Murraylands Regional Conference at Karoonda in April and some also attended a visit by World President, Ruth Shanks at Penola in May. In June the Branch celebrated our 60<sup>th</sup> Birthday with a luncheon at "Farmer's Leap" winery restaurant at Padthaway. The meal was enjoyed by all and then followed by the AGM. At the conclusion of the afternoon several members were presented with their Awards.

## Yurgo:

# WAB MALLEE REGIONAL CONFERENCE HELD ON 23RD APRIL HOSTED BY YURGO BRANCH

President Carlene Schulz welcomed members from Paringa, Coonalpyn and Wirrega and visitors to our Conference (40 people). She told of the early days of our WAB when the Men's Agricultural Bureau met in the Yurgo Hall on full moon nights, as they came in a horse and sulky. In 1932 Mrs. Hopgood invited the women to her home and Yurgo WAB began on March 7<sup>th</sup> 1932. We have just celebrated our 86<sup>th</sup> Birthday making us the second oldest Branch in the State after Kalangadoo.

Our sponsor, Bank SA was represented by Tracy Piltz, of Tailem Bend, who gave her story of her moves through the years to become Manager of Tailem Bend Branch.

The WAB theme for the year is "Climbing Mountains" and each of the speakers spoke of some challenging personal mountains they had climbed.

First speaker was local lady Leanne Kruger of Borrika who is a Level 1 Firefighter. She spoke of her experience of fighting the fires at Billiat Reserve 4 years ago that were close to her home. She didn't have any sleep for two nights as they fought the fire, protected their property, moved sheep and saved their house.

State President, Sandra Young presented a Life Membership Award (20 years) to Carolyn Staude of Wirrega Branch. Phyllis Salmon of Wirrega was unable to be present, but will also be presented with a similar award. (She also won the Australia Day Citizen of the Year Award for the Tatiara District.)



After a delicious lunch, we sang the WAB Song accompanied by pianist Barb Pope and "The Parish Singers" sang two songs.

Our last speaker, Kylie Martin has worked with country newspapers as a Graphic Designer.

After marriage, living on a farm and with 3 children, Kylie started her own business which grew quickly. She displayed some of her beautiful work, photos, and pamphlets for

tourist promotions.



The proceeds of this day, \$870, go to our project for this year – the Karoonda Area School Community Swimming Pool

Karoonda Area School representative Jenny Gregory (centre) receiving a cheque for \$1,000 from Beryl Clothier (Secretary - left), and Carlene Schulz (President)

At our AGM the President welcomed Mallee Coordinator Nadene Jericho and guest June Holland, together with new member Gladys Thiele to the meeting.

Nadene told us of the State News and we were delighted to hear of a State Conference being planned for August 31st at Murray Bridge.

### On-Line Branch:

The on-line branch has had spirited on-line conversations on different topics during the last three months.

May's topic was 'Climbing Mountains' which included many challenges both physical and personal. Jane Smith related her meeting with Sir Edmund Hillary and Sherpa Tenzing; on a long walk Sandra was advised "don't stop – it will be too hard to get going again" –a good lesson for life; while Jenny has often used good advice from her mother "It's not the big things that confront you in life, but how you handle them that's important".

In June we debated the role of women in business, especially agriculture and how that has changed.

The general thought was that women are now far more involved in farm business, especially with the advent of on-line marketing etc.

With the lack of rain, water usage in SA brought comments about the lack of tanks, are we doing enough to conserve water, the level of the water table and Mary who has been in the UK spoke of the heat wave conditions and trying to keep English gardens alive where hoses, sprinklers etc are not readily available.

With the news that Australia's population has reached 25 million August's topic of population growth and its affect on farmers and rural communities is a relevant issue.

WAB's nomination for the **Ruth Gibson Award** was Rosemary Young and she was fortunate to be one of two winners, receiving \$1,000 towards her expenses while she studies in the UK. On 1st July, one week before Rosemary left for UK, the Ruth Gibson Award was presented to her by Mrs Van Le, the Governor's wife. She shared the Award with Marijke Eastaugh who was writing a book on the stories of midwives of SA. The event took place at the NCWSA House on Sth Tce, Adelaide for afternoon tea. Margaret Flint, President of NCWSA, conducted the ceremony and spoke about the Award, which is only offered every 3 years. Ruth Gibson was a dynamic lady ahead of her time and was involved in many women's organisations in SA. She was well educated and an advocate for women's rights. Educating girls was a priority in her life. Nadene Jericho and I from WAB were present and also Rosemary's supervisor, Professor Chris Sumby. Rosemary, 23yrs, thoroughly enjoyed her experience with this group of older ladies and made a most appropriate impromptu speech. I was very proud of her.

Sandra Young



Rosemary Young (3<sup>rd</sup> from left) with Christopher Sumby, Professor of Chemistry at Adelaide University, Nadene Jerico and Sandra Young WAB at the presentation of her award.



Mrs. Van Le, wife of the SA Governor presenting Rosemary with her award and Margaret Flint of NCWSA (left).

## WORLD PRESIDENT of ACWW, RUTH SHANKS AM, VISITED the LIMESTONE COAST

I had been asked by the SACWA to host Ruth Shanks in the Limestone Coast for 4 days when she came to SA for a week. I researched all the local and regional CWA and WAB branches that may be interested in meeting Ruth, as they are all members of ACWW, either through their society or branch and I knew there were some individual members amongst them as well. I also thought it would be good to showcase some of the Limestone Coast's personalities and enterprises.

Ruth arrived in Mt Gambier on 15<sup>th</sup> May. We met some of the Mt Gambier CWA ladies and Ruth talked about ACWW and answered their questions. It was interesting for me to also learn about CWA issues in Mt Gambier. After looking through the Riddoch Art Gallery, we watched the free film about the volcanoes of the Limestone Coast, which is quite spectacular. I could then show Ruth the Blue Lake, which wasn't blue of course at this time of year, and the valley lakes that were featured in the film.

The next day we drove to the Penola Bowling Club for the "Meet the ACWW World President Day". CWA ladies came from Bordertown, Kingston SE, Naracoorte Combined, Millicent, Mt Gambier and Penola (2 branches) and WAB ladies came from Wirrega, Padthaway, Lochaber, Stewarts Range and Kalangadoo. There were 43 in total. We began with a morning tea of scones by the Bowling Club Caterers, a raffle, silent auction and competition of guessing the country where hats & other items came from. We raised \$270 for ACWW.

Ruth was welcomed by Joy Bricknell, the CWA Bowman Group Coordinator (Naracoorte), and I was the MC for the day. Ruth Shanks gave a presentation including photos of ACWW personnel and recipients of Project Money throughout the world. Ruth asked us all to complete the global survey of living conditions of rural women and to ask all of our friends and family to do the same. ACWW was the instigator of this new survey, which hadn't been done since 1948. It will serve as a baseline of conditions for rural women from which the world organisations can work to try to improve conditions for rural women over subsequent years. It is important for as many women as possible to do the survey on <a href="https://www.ifrw.org.uk">www.ifrw.org.uk</a>

Ruth explained how the finances work for ACWW and that Coins for Friendship and money raised through Walk the World for ACWW (29<sup>th</sup> April each year) go into an "enabling fund" to allow the staff to distribute the funds donated specifically for "Projects". The enabling fund also allows Ruth and the Area Presidents to visit conferences and places where project money is going and also the various Committee Chairs to attend important world meetings with other UN agencies, who help to set policies and vote for resolutions to approach Governments to improve conditions for the benefit of rural women throughout the world.

We had the great pleasure of being entertained by Ben Hood, the co-creator of George the Farmer app, books, games and toys to help children learn where our food comes from. Ben filled in for Simone Kain, as she was recently called be an adviser on the Agrifutures Board who were meeting at Wagga Wagga on that day. Simone comes from Penola, while Ben lives in Mt Gambier. Ben brought his guitar and sang the latest song about bees and honey, which was quite delightful.

Sister Sue from the Mary MacKillop Interpretive Centre gave us a preliminary talk about Mary and Father Tenison Woods, before 32 ladies explored the 4 areas at the centre at their own pace. I heard positive comments about the day.

On Thursday, a rest day for Ruth, we walked along the rugged coast of Southend and through the scrub to the memorial of the "Gelwood" Shipwreck and a drive to Beachport to show Ruth this old township, the long jetty and more rugged coastline. We ventured back to Southend's Boozy Gulley at Canunda National Park to see a large aboriginal mitten (old pile of cockle shells, used as a rubbish heap for when the Boandiks came to the coast to eat) and spectacular views of the coast (as good as the Great Ocean Road, I think).

Friday's schedule began with a pleasant morning tea in the Art Gallery of the Millicent Library with the Millicent CWA for more chats about ACWW. I took Ruth to Kalangadoo to see the Kalangadoo Farmers' Market and then to Mount Gambier for lunch at 'Collars and Cuffs' and a spend-up at a closing down sale of the local 'Stitch and Knit' shop, much to Ruth's delight.

At 2:30pm we met several CWA ladies of the Pleasant Park and Glencoe branches at the home of a member at Woodlands Village. We had a lovely afternoon tea and Ruth was able to talk more about ACWW and answer questions. Ruth flew back to Adelaide that evening.

I think that many women of the Limestone Coast have become more informed about ACWW as a result of Ruth's visit, which I hope will encourage greater donations to the cause of ACWW and more attendance at conferences in the future, especially for the next world Conference in Melbourne, 6<sup>th</sup> to 10<sup>th</sup> April, 2019 Sandra

Young



Sandra Young, Romona Perry, Ruth Shanks (second from right) with CWA ladies at Mount Gambier.





For anyone interested in attending the ACWW world conference in Melbourne in 2019 this is the programme.

Unfortunately my photo of the registration form is not clear enough to reprint. Early Bird registration finishes at the end of August but should you wish to register all members of ACWW have forms. Sandra Young is a member and would be very happy to provide you with the details if you don't know of someone near you.

Lee Russell

Helen Colliver, WAB's ACWW representative, has been in hospital and unable to send a report. We wish her a speedy recovery.

#### WHITE RIBBON EVENTS

White Ribbon is Australia's national primary prevention campaign that engages men to end men's violence and abuse against women. Through primary prevention initiatives and a year-long awareness raising campaign, White Ribbon Australia seeks to change the attitudes and behaviors that lead to and perpetuate men's violence against women, by engaging boys and men to lead social change.

WAB have received a grant of \$2,500 to hold 4 events in October/November at Kimba, Clare, Keith and Naracoorte, to bring awareness of domestic violence to our WAB members and to the communities where they live. Ivan Phillips of Port Lincoln will be a keynote speaker to reveal his family experience of domestic violence and advocacy for awareness and prevention. He has travelled Australia speaking about DV and is a very moving speaker.

The events are scheduled as follows.......

Kimba, October 19<sup>th</sup> with a Health and Wellness Day at 3-5pm

**Clare,** October 30<sup>th</sup> combined with Zonta 7-9pm

**Keith,** October 31<sup>st</sup> time to be arranged

Naracoorte, November 1<sup>st</sup> 7.30-9.30pm

There will be fliers with more information distributed around your district closer to the event date.

The best thing to hold on to in life is each other

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A REMINDER ALL REPORTS TO BE INCLUDED IN THE NEXT WAB NEWS ARE TO BE SENT DIRECTLY TO **YOUR REGIONAL COORDINATOR** WHO WILL THEN FORWARD TO LEE RUSSELL.

If emailing reports simply include Newsletter Editor by cc to LEE at <a href="mailing-ndhlrussell@bigpond.com">ndhlrussell@bigpond.com</a> when emailing to your Coordinator.

NEXT EDITION OF THE WAB NEWS WILL BE DUE OUT IN November 2018 – Deadline for articles is 15<sup>th</sup> November 2018